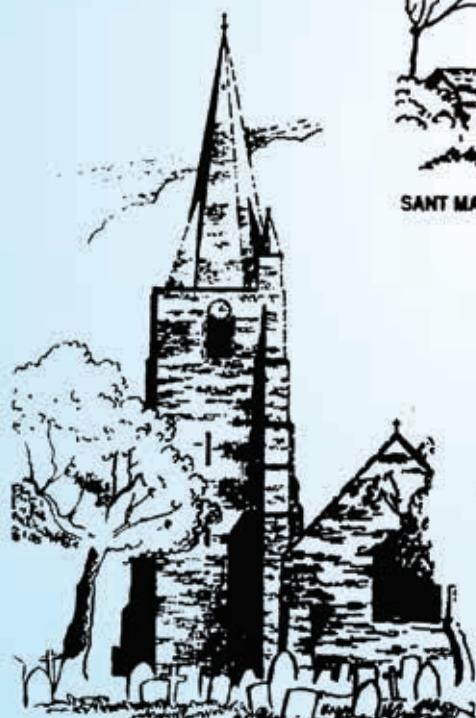


# Cylchgrawn Plwyfi Cydweli A Llandyfaelog

## Kidwelly & Llandyfaelog Parish Magazine



SANT MAELOG LLANDYFAELOG - ST. MAELOG'S LLANDYFAELOG



Y SANTES FAIR CYDWELI - ST. MARY'S KIDWELLY



GLAN TEILO MYNYDDOGARREG - ST. TEILO'S MYNYDDOGARREG

Febraury 2026

# WHO'S WHO

Priest-in-Charge: Father Jim Flanagan

The Vicarage, Castle Court Craylands Park  
Kidwelly Carmarthenshire SA17 5EF

Tel: 01554 897091 Email: [frjimflanagan@gmail.com](mailto:frjimflanagan@gmail.com)

## ST MARY'S KIDWELLY

### **Vicar's Wardens**

Raymond Williams  
01267 236034

### **People's Warden**

Gareth Harries  
01554 890 975

### **Sacristan**

Simon White  
01554 891512

### **Minute Secretary**

Mary Atkinson  
01267 267751

### **Treasurer**

Diane Cuff  
[dianecuff@hotmail.com](mailto:dianecuff@hotmail.com)

### **Organist**

Ceris Harries

### **Friends of St. Mary's**

Mr I Hughes 01554 890682

## ST TEILO'S, MYNYDDYGARREG

### **Vicar's-Wardens**

Nevin Davies  
01554 890441

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01554 891107

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Shan Rees  
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### **Secretary**

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### **Treasurer**

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Bridget Owen email:

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## Pastoral Letter

Dear Friends,

I hope that you all had a most pleasant Christmas and that the new year has begun in a happy way.

Signs of spring started early this year, indeed there were daffodils showing before Christmas and whilst this may cause some grumbling and even alarm at the thought of a changing climate, they are still a welcome sign that the dark days of winter will eventually open out and new growth will come.

Leaving aside the reasons for the very early emergence of spring flowers and the changing nature of our seasons, this new growth is a reminder of what is to come. It cannot have escaped anyone's notice that the world has become a much less certain place than it has been for many years. Violence and upheaval seem to be increasing, leaders of nations no longer seem to be as predictable as they once were and arguments about 'facts', 'truth' and what is 'right' have reached confusing levels. It is enough to make you want to go and sit down in a darkened room and close your eyes.

With all that is going on I think that it is rather fitting to see the emergence of spring growth a little earlier than normal as it is a sign of hope and change. We do not know what is going on in the world at the best of times, but currently it seems even more confusing than normal. We may take the emergence of spring colour as a simple reminder that winter will eventually end, the days with lengthen and the temperatures rise. But we can also take it as a reminder that whatever is happening in our lives or in the wider world, there is the hope that comes with Christ.

Even in our darkest moments the light of Christ will shine through the gloom and if we let it, dispel our fears and worries. This hope is what can help us build a better world, at a time when politics and opinions seem divisive, we can hold onto something better and share it with others. When we talk with others about the state of the world, confessing that we are holding a particular issue and those affected in our prayers may lead to risen eyebrows, but in many cases, it is all that we can do. Do not be afraid to tell people that you are praying for the world, do not be afraid to tell someone that you are praying for them as you might be the providing the little glimmer of emerging hope and colour into someone's darkest time.

God bless and keep you all.

Fr. Jim

“Tir – y – Dail”,  
120,  
Water Street,  
Kidwelly,  
SA17 5BZ.

Kidwelly – 01554 892925



The Old Vestry,  
Tabernacle,  
Sea View Terrace,  
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## St. Mary's News

### Church Council meeting

Advent and Christmas events were all supported well. Thanks to everyone involved.

**Lent** details will follow in the March magazine

Upcoming events are listed further on in the magazine. Please make a note of the dates.

**Parish Room** hire rates will be increasing this month. Owing to rising energy costs, the rate will be £12.00 per hour.

**100 Club** -Winners for January were: 22, 45,50

Subscriptions for 2026 100 club will be due in March. £24 per number.

Please take a renewal from the back of St. Mary's should you wish to continue. Thank you for your support.

### St. Mary's Readers and Sidespeople for 9.30am

#### Readers

#### Sidespeople

#### February

1st Angela Tonge	Kath and Brian
8th Brenda Evans Cym. Christine Evans	Lynda and Angela
15th Mary Atkinson	Mandy and Lynne
22nd Kath Nicholas	Maureen and Angela

#### March

1st Edwin Atkinson.	Anna and Harvey
---------------------	-----------------

**Wednesday readers** for St. Mary's 9.30am service -readings as Sundays unless stated otherwise.

04/02/26 Maureen James 11/02/26 Canon Bryan

18/02/26 Brenda Evans 25/02/26 Nevin Davies

04/03/26 Kath Nicholas

### Altar Flower Rota

1<sup>st</sup>/8<sup>th</sup>/15<sup>th</sup> February June Lloyd

Lent starts on 18<sup>th</sup> February – No flowers

If you would like to go on the altar flower list in 2026 or contribute to the Flower Fund, please contact me. (890 803)

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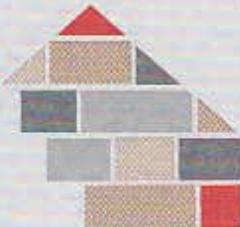
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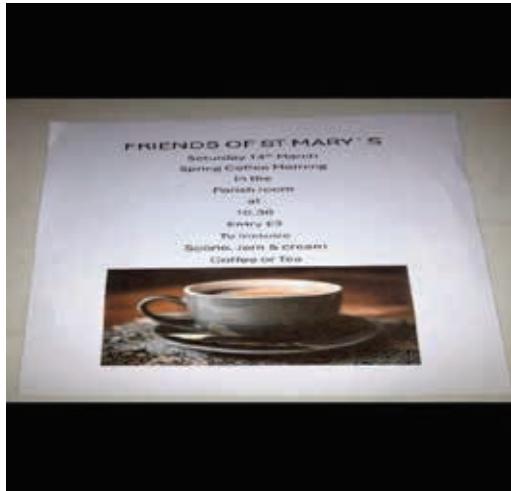


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## Friends of St. Mary's



Friends are having a coffee morning on the 14th March at 10:30am in the Parish Room. Do come along and support them in their efforts.

All items for the March magazine should be submitted no later than the 16<sup>th</sup> February 2026 please.

### **Floodlights** *We thank our sponsors*

1st January Congratulations, Sara, on the award of an OBE for services to Further Education, in the King's New Years Honour List. Congratulations and best wishes from all the family.'

January 27<sup>th</sup> Loving and cherished birthday memories of my mother, Amy Hawkins. Love always. Jan xx

February

Chwefror 5ed Er cof annwyl iawn am Aunty Mary oedd fel Mam i fi, ar dyddiad ei marw Chwefror 5ed. Ieuan.

February 8<sup>th</sup> Cherished birthday memories of Eric Gwynfor, beloved Dad, grandfather and great-grandfather, from loving daughter Gwyneth, Alan and families.

Chwefror 9ed Er cof am Aunty Dec, bu farw 9ed Chwefror, 2011. Cariad, Ieuan

February 14<sup>th</sup> For my dear wife Irene. It's 50 years since we met at a Valentine's night party. Alan Taylor

Chwefror 23ed Er cof am annwyl Vida, bu farw Chwefror 23<sup>rd</sup> 2023. Cariad, Ieuan.



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## Prayer Corner:

We continue to pray for all those in our parish who are unwell either at home, in hospital or in residential care just now.



Clothe the heavy heart with a garment of splendour, and give them garlands instead of ashes.

Lord of all grace, grant me evermore serenity in my need for solitude, harmony in affection in my need of others, and a consuming sense of my creatureliness in my need of you. Amen

We pray for our community –Jesus, Lord of love, you have told us to love one another as you have loved us, and I am commanded to love my neighbour as myself. We thank you for our families and friends, for the courtesies and contentment of companionship, and for the bonds of common belief. Heal any divisions there may be and let us all be bound together in your love, and be fulfilled according to your will. In Jesus' name, we pray. Amen/

## Upcoming Events for 2026

For your diary – all events subject to confirmation. Details will be issued when available.

Possible concert by Excelsior Choir in July.

Mystery Trip Saturday 18<sup>th</sup> July.

Pilgrimage – Depending on availability, proposed date is Friday 12<sup>th</sup> June - Sunday 14<sup>th</sup> June to Winchester.

At the Vicarage for Pimms and Strawberries – Friday 26<sup>th</sup> June?

Music for Mary – No flower festival this year, but Music for Mary will go ahead with BBQ and games on the weekend of 15<sup>th</sup>/16<sup>th</sup> August.

St. David's Day – Fr. Jim proposed that a church parade for the youth organisations be held at 2.00pm in St. Mary's with refreshments afterwards. Church parade may become a quarterly event. To be confirmed.



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**When?** Every Monday morning  
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Refreshments included in the price of £6.00  
Carers £2

For further information contact: Janet Lewis  
(Manager) Tel: 01554 890 896

## Parish Room Activities



Mae Canolfan Deuluol Porth Tywyn sy'n rhan o Blant Dewi yn dychwelyd i ystafell y Plwyf, bore Iau rhwng 9:30 a 11:30 i gynnal sesiwn Aros a Chwarae gymunedol. Mae'r sesiwn yn rhad ac am ddim i deuluoedd gyda phlant 0 - 11 oed, cyfle i blant a rhieni/gwarcheidwaid ddod at ei gilydd, cymysgu, chwarae, dysgu sgliau newydd ac yn bwysicach, cael sgwrs dros baned.

Canolfan Deuluol Burry Port Family Centre part of Plant Dewi has returned to the Parish room, Thursday mornings from 9:30 – 11:30 to deliver a community Stay and Play session. The session is free to families with children ages 0 -11 years, an opportunity for children and parents/guardians to come together, mingle, play, learn new skills and more importantly have a conversation over a cuppa.

A yellow poster for Lou Lou's Repair Cafe. It features a smiling woman's face in a circular photo at the top left. The text 'LOU LOU'S' in red, 'CAFFI TRUSCO CYDWELET' in blue, and 'KIDWELLY REPAIR CAFE' in red. Below the text are five gear icons with symbols: a percent, a recycling arrow, a lightbulb, a gear, and a bar chart. To the right is a white megaphone with 'REPAIR CAFE' and 'KIDWELLY WALES' written on it. A hand holds the megaphone. A small robot toy is at the bottom right. The address 'Ystadell y Parc, Stryd y Fenyw, Cydweli, SA17 4LF' and 'Parc Rooms, Lady Street, Kidwelly, SA17 4LF' is in a box. The times '10yb-12yp' and '10am-12pm' are to the right. The bottom left says 'Dydd Sadwrn 3af bob mis' and '3rd Saturday of every month'. The bottom right has a link: 'https://www.facebook.com/aramada.cic.ker/13'.

## Repair Cafe

We are a branch or Repair Cafe Wales and staffed entirely by volunteers, funded through donation. We can fix: small electric appliances (including PAT testing), textiles, bicycles, hand tools and sharpen

blades. We'll have a look at anything you can get through the door. Any replacement parts need to be paid for by the customer, but we can help you source them. Whilst you wait for your item to be fixed you can have a cuppa and a biscuit for a small donation. We're happy to talk you through what we're



## Weekly what's on at Canolfan John Burns



We host a wide range of activities  
at the Centre, including:



- A variety of chair-based exercise classes
- A regular coffee morning
- A dementia support group
- The local Scout troop
- Yoga
- Tai Chi
- Parent and baby sessions
- Local interest groups
- Counselling and health clinics
- High-impact exercise sessions



For further details please call us on  
01554 890840 or pop by.

Our standard opening times are  
9am-5pm Monday - Friday.



We also have volunteer  
opportunities.



Carmarthen Road, Kidwelly SA17 5AB

Information correct as of 14th January 2026

doing and share our skills. We're always on the lookout for new volunteers and repairers

### **Welsh Conversation class**

If you have some knowledge of Welsh and would like to improve your conversation, then do come along to the Parish Room on Monday evenings between 6.30pm-7.30pm. A warm welcome awaits you.

### **Adverts - Disclaimer**

Whilst every effort has been made to make sure the accuracy of the content of the advertisements contained in this magazine, St Mary's Church

Committee cannot accept any liability for errors or omissions contained in any of the advertisements provided by an advertiser. St Mary's Church Committee does not accept any liability for any information or claims made by the advertisement or by the advertisers. Any advertising contained in this magazine should not be taken as an endorsement by St Mary's Church Committee.

### **Winter Olympics returns to Europe**

If you like snow-sports, you are in for a great month. From 6<sup>th</sup> to 22<sup>nd</sup> February, Italy will be hosting the 2026 Winter Olympics, officially known as Milano Cortina 2026. The opening ceremony is at football's famous San Siro stadium. The Paralympic Winter Games follows, from 6<sup>th</sup> to 15<sup>th</sup> March.

For the first time the Winter Games will have two host cities, Milan and Cortina d'Ampezzo, with events spread across 15 venues in northern Italy, using existing infrastructure to reduce costs. (Thus, Milan will host indoor events like hockey and figure skating, while Cortina hosts alpine skiing and snowboarding.)

Around 3,500 athletes from more than 90 countries are expected to compete for 195 medals across 16 Olympic disciplines. New this year is ski-mountaineering.

Snow gets an occasional mention in the Bible. Job tells how God "Says to the snow, 'Fall on the earth' ... He stops all people from their labour. The tempest comes out from its chamber, the cold from the driving winds. At His direction they swirl around over the face of the whole earth to do whatever He commands them."

Let's hope that the snow does a good deep swirl around Italy this month.



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## 1st Kidwelly Rainbows Brownies, Guides and Rangers

Rainbows: aged 4-7

Brownies : aged 7-10

Guides : aged 10-14

Rangers : aged 14-18 yrs

We meet every week during term time, to enjoy activities and games.

If you would like to join us, or contact for further information, please contact:

Jenny Collins - 07534 212314

Josie - 07876340377

To register interest for a place with us, please go to: [www.girlguiding.org.uk](http://www.girlguiding.org.uk)

**Craft Fair** – We raised £252 from the cake and craft fair in the church, which will go towards all 3 units census (insurance).

We are planning a family bingo night for this term's fundraiser, so details to follow soon!



We also enjoyed Father Jim talking to the girls about Remembrance Day and showing the plaques in the Church, as well as the Christmas parade and lights switch on, which the girls made lanterns for, as one big group, and a few were able to attend the donkey service at church and were over the moon to see real donkeys!



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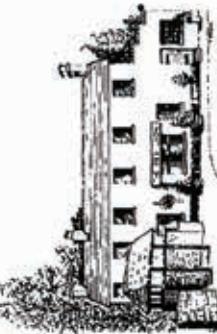
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### **Branch news**

Our February meeting will be on Wednesday 11<sup>th</sup> February at 2.00pm in the Parish Room when Heather Witt will be our guest speaker.

**Wave of Prayer** – 25<sup>th</sup> February 2026. All branches welcome to meet at Abergwili Church, time to be arranged.

### **Plant Dewi**

On Saturday 14<sup>th</sup> February there will be a Coffee morning with pancakes in St. Peter's Civic Hall starting at 10.30am. St. Mary's has been asked to help man the cake stall at this event. If you can help, please contact Brenda Evans 890 803. Tickets are available from church.

**Baby Bundle** is an ongoing project so please leave any donations in St. Mary's. The list of things needed is on the notice board.

### **Shrove Tuesday 17<sup>th</sup> February**

It's odd, really, to think that confessing one's sins to God should be linked to making pancakes. And yet the beginning of Lent brings us both – Shrove Tuesday is Pancake Day, and is followed by Ash Wednesday, and so Lent begins.

In centuries gone by, the pancakes were made to use up the milk and eggs before the fasting of Lent. More recently, many readers will have childhood memories of the wonder of watching our mothers break an egg, mix it with milk and flour – and out of that gooey mess, to produce a light and delicious pancake.

These days, more of us buy pancake mix, or even ready-made pancakes. It seems we prefer the certainty of ending up with pancakes – to the risk of having made nothing BUT a mess of the kitchen.

In many parishes they used to hold pancake races on the day. Why anyone would want to run around a field while holding a pancake is not clear, but in Olney, Bucks, they have held a pancake race almost every year since 1445.



## O.G. HARRIES

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## **Town News**

### **Royal British Legion**

Our branch meeting will be on Wednesday 4<sup>th</sup> February at 7.30pm in the Masons Arms.

At the December meeting it was reported that the Poppy Appeal raised £11,992.30; although some areas were down the Co-op made up for the shortfall. Thanks to everyone who contributed, and especially to Janis and Ron Jones for co-ordinating the appeal for the 10<sup>th</sup> year!

We send our good wishes to Janis, who is recovering from an accident earlier in January.

### **Kidwelly Twinning Association**

Come and join Cydweli Twinning Association for a fabulous evening of music and dancing with local band " Pwdin Reis" at Mynydd-y-garreg Hall at 7pm on Saturday 28th February. The band, a bowl of delicious cawl, and a range of tasty puddings are all included for a tenner if you buy your ticket in advance - these will go on sale from 17th January at Time for Tea cafe, the Old Moathouse, and the bar at Mynydd-y-garreg Hall.

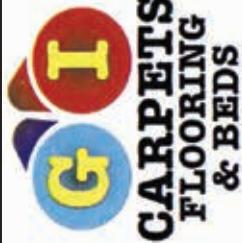
Space is limited and this band is very popular so get this date in your diary and be ready to snap up the tickets once they come out.

This event is being held with support from "Night Out", Arts Council Cymru.

### **KIDWELLY SENIOR CITIZENS.**

Well, Happy New Year. As I write we are already halfway through January. Although a thick frost this morning, spring is already starting to show with crocus and snowdrops coming out, and the nights are drawing out. Going back to December, we had our Christmas meal in the Rugby Club, catered for by Debbie Rollason, and we had entertainment from Alison Gwilliam, a brilliant singer from Burry Port. A lively afternoon which we all enjoyed. Sadly, we have heard of the death of Sylvia Morris, who has been a member for a number of years. She will be missed and we send our condolences to her family.

Our next meeting will be on Wednesday, 4<sup>th</sup> of February, 2pm in the Rugby Club. Subs of £10 will be due. New members welcome, please contact number at the back of magazine.



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## 14th February – St Valentine’s Day, a poem

Saint Valentine’s Day, many believe, was named after one or more Christian martyrs and was established by Pope Gelasius 1 in 496 AD. Valentine of Rome was martyred about 269, and this day usually ‘belongs’ to him.

The first recorded association of Valentine Day with romantic love (1382) is from Geoffrey Chaucer. He wrote, ‘For this was Saint Valentine’s Day, when every bird cometh there to choose his mate.’ This poem was in honour of the first anniversary of the engagement of King Richard II of England to Anne of Bohemia. Valentine Day is referred to by Ophelia in Hamlet (1600-1601).

*To-morrow is St Valentine’s day*

*All in the morning betime*

*And I a maid at your window*

*To be your Valentine.*

The modern mention of Valentine’s Day can be found in a collection of English nursery rhymes (1784):

*The rose is red, the violet’s blue*

*The honey’s sweet, and so are you.*

*Thou are my love and I am thine*

*I drew thee to my Valentine.*

## Your Favourite Recipe

Thanks to Mandy Jones for sharing this month’s recipe.

We used this recipe when I worked at the Ysgol Y Castell kitchen in Kidwelly, different quantity of course! I hope your children will enjoy them as much as my grandchildren do, (EIFION does to.) Enjoy 😊



### Jam Buns.

8ozs SR flour

4ozs caster sugar

4ozs margarine

1 egg

Preheat oven.

Mix flour, margarine, and sugar together to make a soft fine breadcrumbs mixture, add an egg and mix all together, divide the mixture into 12-15 balls,

make a hole in the middle and add the jam.

Bake for 10-12 mins

Gas mark 4

Electric 175 place on a baking tray

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## **Ukraine-Russia War 4<sup>th</sup> Anniversary**

As 24<sup>th</sup> February approaches, the statistics are grim for the fourth anniversary of the Russian invasion of Ukraine.

*Massive displacement:* 6.9 million refugees have fled Ukraine, with a further 3.7 million internally displaced.

*Significant casualties:* Russia has hit one million casualties in all, including 250,000 soldiers killed. Ukraine has had about 53,000 casualties, including about 15,000 deaths.

*Immense destruction* of Ukraine's infrastructure, medical facilities and educational facilities.

*Impact:* Russia now occupies about 20% of Ukraine, including Crimea. Worldwide, a weakened global economy, threatened food security, and documented war crimes, including chemical weapons used by Russia.

*Expense:* Billions of dollars have been given in aid to Ukraine. (About \$175bn from the US, and \$197bn from EU since 2022.)

The future is unclear, but here are some memorable quotes of two leading Ukrainians:

At the start of the war, when offered evacuation from Kyiv by the U.S. government, **President Volodymyr Zelenskyy famously stated**, “I need ammunition, not a ride”.

The following day, on 25<sup>th</sup> February he emphasised Ukraine's determination, stating: “**We will be defending our country, because our weapon is truth, and our truth is that this is our land, our country, our children, and we will defend all of this**”.

The head of the Ukrainian Greek Catholic Church (UGCC), **Major Archbishop Sviatoslav Shevchuk** focuses on themes of resilience, freedom, and hope. “Ukraine is wounded, but it is not defeated! Ukraine is exhausted, but it is standing and will remain standing! Believe me, no one thinks of giving up.”

A recurring theme in Zelenskyy's speeches is that “**Life will win over death, and the light will win over darkness**”.

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## Newyddion St. Teilo News

Well, here we are with a New Year underway, and I imagine once again we are asking ourselves, 'where did the last year fly to !'

The old year ended with plenty of things organized for our enjoyment and this month feels like an anti-climax maybe but, it is a chance to hibernate a little and reflect on our busy life and re-charge the batteries.

Already a cold winter with a mixture of dry weather over Christmas followed by rain but, it was lovely to see a smattering of snow in January which lasted just long enough for youngsters to delight in and have fun outdoors, sadly a sight rarely seen these past years.

And, we will have celebrated our own Welsh Patron Saint of Lovers, Santes Dwynwen on the 25<sup>th</sup> January as we look towards Saint Valentine's Day on the 14<sup>th</sup> February, more chocolates and gifts?

**Seniors Club** December meeting was the Annual Dinner, held this year in the Ashburnham Hotel, where all members other than Jean Fox, Avril Morris and Christine Hughes were present, these three ladies being unwell but were in our thoughts. It was a lovely afternoon of good food, fun and fellowship. Members had brought along prizes for a free Raffle, Party gimmicks handed out, Poems were read by Caroline, Peggy and Dorian and Christmas jokes were shared. Peggy kindly presented each member with homemade iced Christmas biscuits beautifully wrapped. All in all, a thoroughly enjoyable celebration.

The next meeting being the first of the new year will be on Wednesday 4th February at 2.00pm, Neuadd Mynyddgarreg. Everyone welcome.

**The annual Community Carol Service** at Sant Teilo's in December was a wonderful night and as members we much appreciated the huge attendance and support. The singing was led by our friend Ioan Hefin who also prepared the local choir, CôrOMa -- Only Mynydd Aloud, and many thanks to Ioan and choristers for their contribution.

Thanks also to our Organist, Jean Peace who accompanied the Carol singing. And of course, diolch yn fawr to the ladies of Sant Teilo for delicious homemade Mince Pies and cakes and the lovely Mulled Wine donated by Huw, Christine and Sandra. A collection was taken for Church Funds.

**Ysgol Mynyddgarreg** held many events during the end of last term, the Annual Nativity Concert took place at the Neuadd and also a Community Carols afternoon in the Neuadd when the children led a concert and were joined by CôrOMA who gave a little concert, as well as leading a community sing along. Mince Pies, Cakes and Mulled Wine were prepared by the PTFA. On the last day of term, the school visited Sant

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Teilo for their Christingle Service, a lovely service which the children presented, with the Ficer addressing them plus a trick or two pulled from his cloak which, delighted the children.

**A message of thanks** from Mrs Avril Morris, Felindre, to her family, friends and neighbours for their kindness and generosity on the occasion of her 90th Birthday last November. Avril, who has not enjoyed the best of health these past months was overjoyed at all the messages, cards, gifts and especially, visits she received. I ni yn Sant Teilo yn dal ti yn ein gweddiau Avril, a dymuno dyddie gwell i ti.

**Our very best wishes** go to Mrs Audrey Griffiths, Fferm Tyhir, who is a patient at Glangwili Hospital. A great friend to us at Sant Teilo, we all wish her the very best and a speedy and full recovery. I ni eich ffrindiau yn Eglwys Fach Sant Teilo yn dymuno llwyr gwellhâd i chi Audrey gan obeithio fyddwch adre yn Tyhir yn fuan.

**Our very deepest sympathy** is extended to Huw Morris, Rhian and Ffion on the very sudden passing of a wife, mother and grandmother, Sylvia, daughter of the late Len and Joan Conniff, Cydweli. A good neighbour and friend, she will be missed by many.

And sympathy to Sharon and Iwan Hefin on the passing of Sharon's mother, Yvonne, late of Smith House, Pontnewydd. We hold the family in our prayers.

We remember fondly the late Mrs Maureen Evans, Priory Street, who passed away in December, a lovely friend of Sant Teilo and faithful worshipper at St. Mary's, especially the monthly Cwrrd Cymraeg which she enjoyed attending. Our condolences to her children Nigel, Anne and Gareth and grandchildren, along with the extended family.

**Thank you** to Simon and Cai Reeve for lighting our very special Christmas tree, 'Clare's tree ', planted in memory of Clare, the late and dear niece of Jean and Jeff Peace, which shines very brightly on Sant Teilo's lovely grounds, a warm and happy beacon during the Christmas season.

**A reminder** that the Magazine annual subscription is now £10 and I will be collecting the payment over the next two months. Thank you for your support over many years. Diolch i chi oll am brynu y Cylchgrawn yn gyson ers blynydde. DR

Ac yn olaf, unwaith eto rhaid i mi estyn sori mawr i Mrs Christine Evans, fy ffrind deallus (yn Sant Teilo) am i mi rhoi enw anghywir iddi yn y cylchgrawn mis diwetha, am yr ail dro ! Ne, falle ma i Hugh dylse ni ymddiheuro i Christine.? Ond, be bynnag, ' watch this space !'



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## FLOWER ROTA

FEBRUARY. Diane Hyman / Dorian Reeve

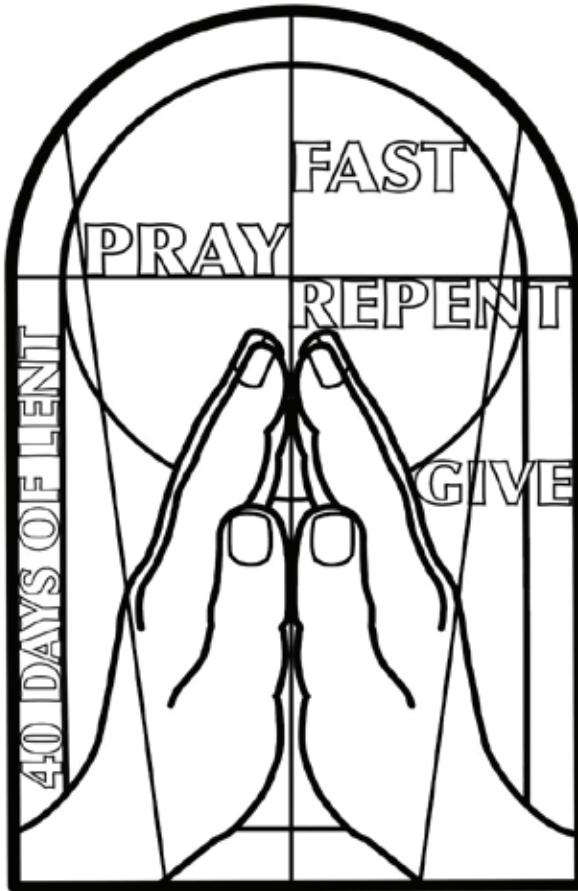
MARCH. Dorian Reeve / Lent

## READER'S ROTA

1st February Jayne Roberts. 15th February Peggy Davies

1st March. Nevin Davies

Relax and colour in the Lent Window





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## Newyddion Sant Maeog News

### Flowers/Blodau

#### **February/Chwefror**

1-8 Meinir Solloway 15-22 Nicola Jones

#### **March/Mawrth**

1-8 Pauline Thomas

### Readers/Darllenwyr

#### **February/Chwefror**

1 Sarah Walters 8 No service (St. Teilo 11.15am) 15 Mary Atkinson  
22 Ffion a Hafanna

#### **March/Mawrth**

1 Phylis Hughes

### Door/Drws

#### **February/ Chwefror**

1 Sarah Walters 15 Mary Atkinson  
22 Shan Rees

I know it is the February issue but a Happy New year to everyone as it is my first edition since November. We had many highlights over the Christmas period in the village. We kicked off the celebrations with the Christmas lights switch on at the hall where Colin and Pam Jones of Penyfedw lit the Christmas tree and the children from the local area sang. Thank you to the hall committee for organising this lovely event again.

Thank you to Lowri Jones Star Forge who did our December coffee and chat. The topic was 'Follow your dreams and starting your own business'. We look forward to seeing your work in the siop window of Siop Yr Efail Star Forge soon.

The church held the YFC's Christmas County Carol evening and every seat was full. It was an inspiring evening full of young local talent with the various YFC clubs taking part in either singing, reciting or acting. This was followed by a lovely spread at the village hall. The concert raised money for Angor.

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If you would like more information about Angor go to their webpage or call in at their base which is at the John Burns centre in Kidwelly.

The church was full again for the Christmas Eve service where the local children sang and read and the YFC members did a nativity. Thank you to Father Jim and Lisa for the mulled wine and mince pies after the service.

The children who have been taking part at various church services throughout the year were treated to a pantomime at the Lyric in Carmarthen. The pantomime was Snow White and It was very entertaining and both young and old could be heard shouting at the characters! Thank you to Father Jim and Shan Rees for organising. Diolch yn fawr am trefnu!

Congratulations to Llinos Jones and Caroline Stiles who are representing Wales in the ladie's short mat bowls competition in Ireland.

Father Jim would like to Thank those that gave generously to the repair of the organ. It is lovey to have it back working.

January's coffee and chat was given by Father Jim and the topic wa 'Eccentric clergymen, mermaids, tarts and stolen bicycles'. It was another well supported event thanks to Father Jim on a very interesting talk and to the ladies for all their cakes and help throughout the year with these events.

**Condolences** to Canon Bryan Witt and his family following the passing his Mr. Douglas Witt, Bryan's father.

**Llandyfaelog Eisteddfod** held a fundraising evening at the Red Lion hall on January the 13th. The guest speaker was Mrs Deris Williams and a total of £283 was made for the Eisteddfod.

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## Whats on

**Mae Eisteddfod Llandyfaelog** yn cael ei chynnal dydd Sadwrn, Chwefror 7fed. Bydd y cystadlaethau'n dechrau am 12yh, gyda Kath Williams yn llywyddu'r sesiwn brynhawn ac Elfyn Williams yn llywyddu'r noson. Mae mynediad yn £3 i oedolion, ac mae plant ysgol yn cael dod i mewn am ddim. Fe fydd yr Eglwys yn wneud Cor arall eleni o dan y cystadleuaeth am mudiad lleol. Fe fydd lluniaeth ar gael ar y ddydd.

**Saturday the 7<sup>th</sup> of February** is Eisteddfod Llandyfaelog. Competitions start at 12pm and the afternoon president is Kath Williams and for the night it is Elfyn Williams. Admission is £3 for adults and free for school children. The church will be doing a choir again this year if anyone is interested please let Shan know the more the merrier! There will also be a snack box available on the day so you dont get hungry whilst watching the talent.

**Llandyfaelog Show** are having an Irish themed night on Friday the 6<sup>th</sup> of February. The Wales v Ireland game will be shown on a big screen there will be an Irish themed meal and a licensed bar will be available on the night. Tickets are £15 adults, £10 secondary school age children and £5 for primary children.

### **Children's pocket money on the rise.**

***How much do you give your children/grandchildren? Which is the hardest home task to get your children to do?***

A good way to beat inflation these days is to be a child. The amount of their weekly pocket money has been rising faster than inflation, according to a recent survey by the GoHenry banking service for six- to 18-year-olds.

Last year, on average, youngsters earned £10.73 a week. This was about 8 per cent up from the 2024 average of £9.92. (Inflation has been at most about 3%).

GoHenry's survey found some of the ways in which children earn their pocket money. The most common job is: Tidying bedrooms – £1.12; Getting ready for school (includes homework) – £1.35; Helping around the house – £1.18; Looking after yourself (includes cleaning teeth) – £1.24; and caring for pets – £1.37

The top-paying jobs are: Looking after plants -£1.91; Being good – £1.46; Practising music – £1.44; Looking after pets – £1.37; Getting ready for school £1.35



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## Parish Readings for February 2026

Red Lectionary pages in []

**Sunday 1<sup>st</sup> February      Epiphany 4** (Liturgical Colour: White)

**Celebrating the Presentation of Christ in the Temple**

**Eucharist:** Malachi 3.1-5; Psalm 24. [1-6.]7-10; Hebrews 2.14-18; Luke 2.22-40 [p60]

**Evening Prayer:** Psalm 34 or 34; 1-10 Genesis 28. 10-22; Philemon 1-16

Reader: Ted Rowlands

**Sunday 8<sup>th</sup> February 2<sup>nd</sup> Sunday before Lent: Creation Sunday**

**Observing St. Teilo - only one service in St. Teilo at 11.15am this morning for our group of three church** (Liturgical Colour: Green)

**Eucharist:** 1 Kings 8. 1-7,9-13; Psalm 132.6-10; Mark 6.53-56

**Evening Prayer:** Psalm 148; Proverbs.8 1,22-31; Revelation 4

Reader: Jenny Jones

**Sunday 15<sup>th</sup> February      Sunday before Lent: Transfiguration**

**Sunday** (Liturgical Colour: Green)

**Eucharist:** Exodus 24.12-18; Psalm 2;[99]; 2 Peter 1.16-21;

Matthew 17.1-9 [p89]

**Evening Prayer:** Psalm 84; Sirach 48.1-10; or 2 Kings 2.1-12; Matthew 17.[1-8,]9-23 Reader Kath Nicholas

**Sunday 22<sup>nd</sup> February      1<sup>st</sup> Sunday of Lent** (Liturgical Colour: Purple)

**Eucharist:** Genesis 2.15-17;3.1-7; Psalm 32; Romans 5.12-19; Matthew 4.1-11 [p105]

**Evening Prayer:** Psalm 50.1-15; Deuteronomy 6.4-9,16-25; Luke 15.1-10

Reader: Brenda Evans

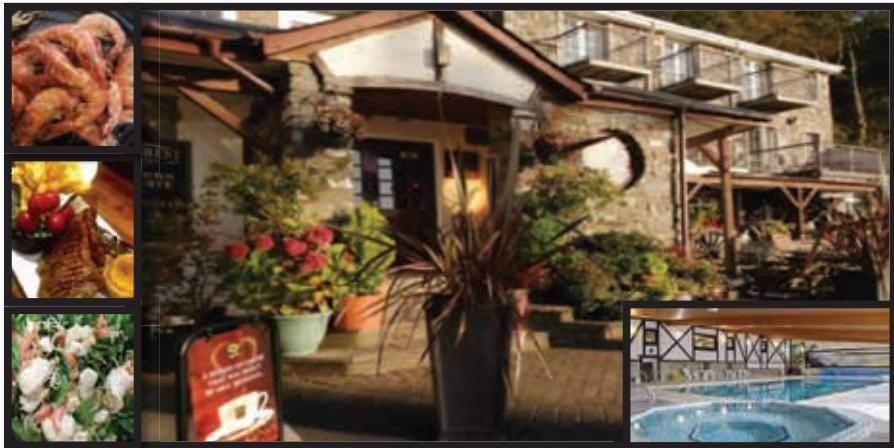
**Sunday 1<sup>st</sup> March      2<sup>nd</sup> Sunday of Lent** (Liturgical Colour: Purple)

Celebrating St. David's Day

**Eucharist:** Sirach 15.1-6; or Jeremiah 1.4-10; Psalm 16.3,5-8; 1 Thessalonians 2.2b-12; Matthew 16.24-27 [p1225]

**Evening Prayer:** Psalm 135 or 135.1-14; Numbers 21.4-9; Luke 14.27-33

Reader: Ted Rowlands



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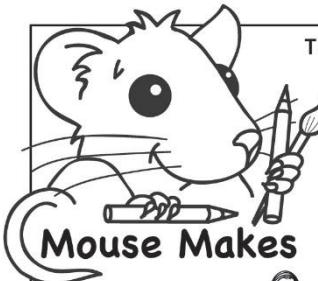
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Luke 4:1-13

### THE TEMPTATION OF JESUS

After Jesus was baptised in the River Jordan where did the Holy Spirit lead him to? v1

How many days was Jesus being tempted by the devil? v2

What did Jesus eat? v2

What did the devil tempt Jesus to turn a stone into?

What did Jesus say? v3-4

What did the devil offer Jesus if He worshipped him?

What did Jesus say? v7-8

### SECOND TEMPTATION

THE DEVIL SAID:

"I will give you power and wealth if you worship me."

JESUS REPLIED:

"Worship the Lord your God and serve only Him."

Read Deuteronomy 6:13

WE LEARN:

Put God first

Worship only Him.

1

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 TEMPTATION • STONE • BREAD • WRITTEN • SON • WORLD  
 KINGDOMS • GLORY • WORSHIP • SERVE • GOD • HIGH  
 JERUSALEM • TEMPLE • SON • JUMP • DOWN • LIFT • FOOT • LORD • TEST • LENT

### FIRST TEMPTATION

THE DEVIL SAID:

"If you are God's Son order this stone to turn into bread."

JESUS REPLIED:

"Man shall not live on bread alone."

Read Deuteronomy 8:3

WE LEARN:

Read the Bible

Learn God's word.



### THIRD TEMPTATION

THE DEVIL SAID:

"If you are God's Son throw yourself down, the scriptures say God will take care of you."

JESUS REPLIED:

"Do not put the Lord your God to the test."

Read Deuteronomy 6:16

WE LEARN:

God cares, trust

Him do not test Him.



# **Jason Williams**

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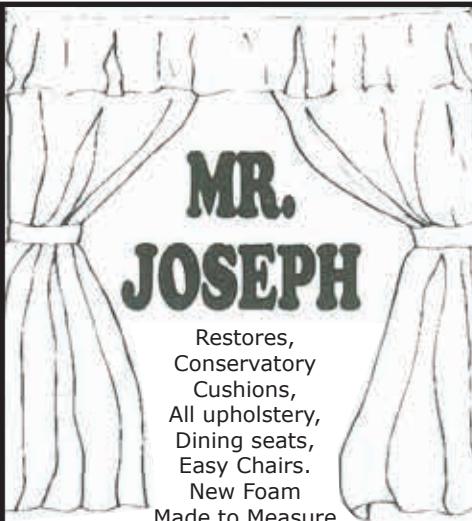
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## 1<sup>st</sup> February – Seiriol, saint of Puffin Island

You can find traces of old saints in most corners of the British Isles, but Seiriol is one of the only two saints connected to Anglesey, and certainly the ONLY saint connected to Puffin Island.

It was back in the 6<sup>th</sup> century that this gentle abbot first settled in Penmon, and built a little church. His ruined beehive cell still survives there today, as does the well from which he drew water, both for his own use, and also for baptising local people.

Like many other Celtic saints, Seiriol would have travelled by sea. So he felt comfortable near the coast on Anglesey, on low-lying land. Although he lived as a simple hermit, Seiriol soon attracted followers, and eventually he decided to establish a small monastery. He chose to build it on nearby Ynys Seiriol, now called Puffin Island.

That little monastery on Puffin Island saw some scary action in 632, when Edwin of Northumbria was chasing the Welsh king, Cadwallon, and ended up besieging him on the island. Cadwallon was finally conquered, and history moved on, but the monastic ruins of Seiriol's little monastery are still there today.

Seiriol seems to have been a purely local saint who never attracted a very great number of followers. The only known dedications to him are at Penmon and Puffin Island. But Seiriol's life and work are still a testimony today. He is a gentle and encouraging reminder of what an impact even a simple local Christian can achieve, by simply being faithful to Jesus Christ in the place where he is.



Henry is making a real effort for Lent –  
he's giving up the remote control and  
walking to the TV



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## ***Open to God***

### **Welcome to the Year of Mission**

The Year of Mission runs from Advent Sunday 2025 and follows on from previous themes - Prayer, Discipleship, Pilgrimage, Salt & Light and Children Youth and Families.

It will be built around a major set-piece event to take place at the Carmarthenshire Showground on July 23rd., the Saturday of Pentecost 2026. The Sunday will then be an opportunity for churches to celebrate in their own localities.

At the heart of it all lies:

***Celebration, Outreach, Discipleship, Evangelism, Fellowship, Prayer***

These themes will run through the whole enterprise, both at the Pentecost showpiece and in activities and events held within each LMA between now and the end of 2027.



Open to God has been inspired by Bishop Dorrien and mirrors an event held forty years ago by his predecessor and mentor, Bishop George Noakes.

It was officially launch at the Diocesan Conference, and, in his presidential address, he urged churches to “move forward with courage and compassion. We are co-workers in God’s service.

“Our mission must be collaborative, to make the Church not only relevant but vital to those both within and outside our walls.”

For more information or how to get involved see Fr. Jim.

Launch Event - **5 Dec 2025** - All Saints Ammanford - 7pm

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## Some Useful Phone Numbers

### **Churches & Chapels**

Capel y Morfa: Mr. Gwyndaf Jones  
01554 753868

Our Lady and St. Cadog:-  
01554 832520

Trinity Methodist: Mr. Peter Burt  
01554 890 605

### **Health**

Kidwelly Health Visitor 01554 890560

Minafon Surgery 01554 890234

Chemist 01554 890279

West Wales General Hospital,  
Carmarthen 01267 235151

Prince Philip Hospital, Llanelli  
01554 756567

### **Local Authority**

Kidwelly Town Council 01554 890203

Llandyfaelog Community Council  
01267 267647

Carmarthenshire County Council  
01267 234567

### **Halls**

Princess Gwenllian Centre, Kidwelly  
01554 891801

Llandyfaelog Welfare Hall

Arfon Davies  
[llandyfaelog@btinternet.com](mailto:llandyfaelog@btinternet.com)

Mynydd-y-Garreg Welfare Hall:

Andrea Gower 01554 890670

### **Schools**

Ysgol-y-Castell 01554 890762

Ysgol Gwenllian 01554 890523

Ysgol Mynydd-y-Garreg 01554 810670  
Glan-y-Mor Comprehensive School,

Burry Port 01554 832507

### **Youth**

1st Kidwelly Brownies, Guides, Rangers

Josie Wells 07876340377

Jennie Collins 07534212314

1<sup>st</sup> Kidwelly Scouts - Shan Cheesman  
01267 267620 or 07790117904

Youth Council – Jeanette Gilasbey  
01554 892729

### **Senior Citizens**

Llandyfaelog Senior Citizen Association

Mrs. Maureen Howells 0127 223768

Mynydd-y-Garreg Senior Citizens Jean  
Fox 01554 891344

Kidwelly Senior Citizens Association:  
Mrs. Bobbie Hope, 01554 890520

Kidwelly Welfare Committee: Mrs.

Helene Cresser 01554 890550

### **Other Organisations**

Country Cars: Mrs. E. Nicholson  
01554 890188

Kidwelly Local History Society: Mr.  
Malcolm MacDonald 891090

Police: 0845 3302000

Mothers' Union: Brenda Evans  
07796430991

Royal British Legion: Trevor Eliot  
07807710699

Ty Golau: Janet Lewis 01554 890896  
WI President: Nannette Jones 01554  
890206

# February 2026

## St. Mary's Kidwelly

**1<sup>st</sup> February Epiphany 4**

**Celebrating Candlemas**

9.30am Choral Eucharist

6.00pm Evening Prayer

**8<sup>th</sup> February 2<sup>nd</sup> Sunday before Lent/Creation Sunday**

**Celebrating Feast of St. Teilo 11.15am**

**Bilingual Eucharist in St. Teilo's,**

**Mynyddygarreg**

**No other morning services today**

6.00pm Evening Prayer

**Wednesday 11<sup>th</sup> February**

2.00pm MU in the Parish Room

**15<sup>th</sup> February 3<sup>rd</sup> Sunday before Lent**

9.30am Choral Eucharist

6.00pm Evening Prayer

**18<sup>th</sup> February Ash Wednesday**

9.30am Eucharist with Ashing

**22<sup>nd</sup> February 1<sup>st</sup> Sunday of Lent**

9.30am Family Eucharist

6.00pm Evening Prayer

**1<sup>st</sup> March 2<sup>nd</sup> Sunday of Lent**

**Celebrating St. David's Day**

9.30am Choral Eucharist

6.00pm Evening Prayer

Wednesdays at 9.30am in the  
Lady Chapel

Holy Eucharist with prayers for the  
parish and people

## Services

### February 2026

#### St Maelog's, Llandyfaelog

**1<sup>st</sup> February Epiphany 4**

**celebrating Candlemas**

11.15am Bilingual Morning Prayer

**8<sup>th</sup> February Feast of St. Teilo**

**11.15am Bilingual Eucharist**

**in St. Teilo's, Mynyddygarreg**

No service here today

**15<sup>th</sup> February Sunday before Lent**

11.15am Bilingual Eucharist

**18<sup>th</sup> January Ash Wednesday**

7.00pm Eucharist with

Ashing

**22<sup>nd</sup> February 2<sup>nd</sup> 1<sup>st</sup> Sunday of Lent**

11.15am Bilingual Family  
Eucharist

**1<sup>st</sup> March 2<sup>nd</sup> Sunday of Lent**

**celebrating St. David's Day**

11.15am Bilingual Mattins

#### St Teilo's, Mynyddygarreg

**1<sup>st</sup> February Epiphany 4 –**

**celebrating Candlemas**

11.15am Bilingual Eucharist

**8<sup>th</sup> February Feast of St. Teilo**

11.15am Bilingual Eucharist

**15<sup>th</sup> February 3<sup>rd</sup> Sunday before Lent**

11.15am Bilingual Mattins

**1<sup>st</sup> March 2<sup>nd</sup> Sunday of Lent – celebrating**

**St. David's Day**

11.15am Bilingual Eucharist