

Cylchgrawn Plwyfi Cydweli A Llandyfaelog

Kidwelly & Llandyfaelog Parish Magazine



Y SANTES FAIR CYDWELI - ST. MARY'S KIDWELLY



SANT MAELOG LLANDYFAELOG - ST. MAELOG'S LLANDYFAELOG



"SAN" TEILO MYNYDDGARREG-ST. TEILO'S MYNYDDGARREG

October 2025

WHO'S WHO

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Pastoral Letter

Dear Friends,

We are very blessed that each of our three churches has a reasonable congregation. Don't get me wrong, it would be fantastic to see standing room only every week but compared to other churches in the diocese we are doing okay. Sadly, the statistics across Wales over recent years have not made good reading, church attendance is going down. However, there are signs that things are beginning to change. I don't think we are in the middle of the Great Welsh Revival 2025 but there are hints that perhaps change is on the way.

It is important to remember that the Church in Wales is underpinned by the parish system: this was part of what continued after disestablishment in 1920 (the split from the Church of England and the end of Wales having a national and official church). The reasons for disestablishment are too complex to go into now, the magazine is not long enough, but it probably wasn't the best thing to have occurred in the history of Welsh Christianity. The parish system means that each and every person who lives in an area is technically a member of the local Anglican church whether they like it or not. They may belong to other faiths or denominations, but they are part of the wider family of the church. Everyone who lives in the area around the church has a right to be baptised there, married there, have their funeral there and if there is room, be buried in the church yard. They also have a right to worship there.

Worshipping as a congregation is what underpins our faith. We can pray alone and indeed we should pray alone, but it is the coming together as a church family that really matters. It is what allows us to grow in faith, and with this faith comes hope and hope is something that is badly needed at times.

Our worship is where the natural and the supernatural meet; it is where we can be close to God, in the hymns, the prayers and the ritual. It is a time that allows us to acknowledge where we have failed and be assured that it doesn't matter as we are forgiven. It may be the only time in the week that we can find the peace to be ourselves, or even be honest with ourselves. Despite what some will tell you, a church service should be the original safe space. Do we worship to please God? Of course not. We worship to praise God, and to accept that we do not have all the answers.

Worship is where we can hand our problems over, perhaps only for an hour or so, but we hand them over none the less. Worship is where we can be honest and accept that we are not perfect and yet will not be judged for it.

It has been proved that attending church is good not only for the soul, but for the body and mind as well.

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The local church, be it St. Maelog's, St. Mary's, St. Teilo's or even St. Ogg's in Upper Cwmscudd. It is your church. It is there for you; it is as much yours as it is mine. So, if you come every week thank you, please bring a friend; if you come occasionally; thank you, please bring a friend and if you have never come. You will be most welcome and you will be amongst friends.

Blessings
Fr Jim

~~~~~

## **St. Mary's News**

### **Harvest Lunch**

As has become our custom, we will be having a lunch following the Eucharist service on Sunday 5<sup>th</sup> October which will begin at 11.00am, not 9.30am.



Please contact Anna Brown 07971 797164 who is co-ordinating the event if you can help. There is a list at the back of church to sign up if you would like to come and join us.

**100 Club** -Winners for September were 21, 52, 98  
October draw will take place on Wednesday 1<sup>st</sup> following the 9.30am service.

### **Flower Arranging Group**

We will meet to decorate church for Harvest on Saturday 4<sup>th</sup> October from 10.00am.

### **St. Mary's Patronal Festival Weekend – Flower Festival**

Thanks to everyone who supported the Flower Festival. The event raised £2,012.00 for church funds.



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## **St. Mary's Readers and Sidespeople for 9.30am**

### **Readers**

### **Sidespersons**

#### **October**

5th Mary Atkinson

Anna and Harvey

12th Kath Nicholas Cymraeg Anna Brown

Heather

19th Edwin Atkinson

Mandy and Lynne

26th Maureen James

Maureen and Angela

November

2nd Angela Tonge

Kath and Brian

**Wednesday readers** for St. Mary's 9.30am service -readings as Sundays unless stated otherwise.

01/10/25 Nevin Davies

08/10/25 Kath Nicholas

15/10/25

Brenda Evans

22/10/25 Maureen James

29/10/25 Nevin

Davies

05/11/25 Kath Nicholas

### **Flower Rota**

5<sup>th</sup> /12<sup>th</sup> October – Harvest Joint effort – please bring flowers/vegetables to help us decorate as our flower fund is now very low.

19<sup>th</sup>/26<sup>th</sup> October

Angela Tonge

2<sup>nd</sup>/9<sup>th</sup> November

Ceris Harries

### **Church Committee**

The next Church Committee meeting will be on Thursday 23<sup>rd</sup> October 2025 at 7.30pm in the Parish Room.

### **Friends of St. Mary's**

The Friends Winter Raffle tickets are out and will be drawn on Saturday 22<sup>nd</sup> November. Tickets are 25p each with 4 in a book. £1.

AGM held on 17<sup>th</sup> September. The minutes of the previous AGM were accepted and signed. From matters arising, we have no publicity officer but the secretary puts notices in the Parish Magazine.

The Chairman's report had been circulated in advance and was accepted. Additional information received since the report was the loss of another Friend, a Mr. Peter Williams of Swiss Valley.



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The Treasurer gave her report with any explanations. The Gift Aid claim is in hand. The closing balance was £24,596.50. In the light of this favourable figure, it was proposed increasing the sum ringfenced for improvement of the parish room from £17,000 to £20,000 and all were in agreement. The report was accepted, the Treasurer thanked as was the auditor.

Election of Committee Members. There were no changes. Mr. Ieuan Hughes remains as Chairman and Membership Secretary but is concerned about workload and his health and he will have to review his position in the new year. Ms. Jeanette Gilasbey continues as Treasurer, Mrs Kath Nicholas remains the Secretary. Other committee members are Father Jim, Mrs Lynne Davies, Mrs Barbara Evans, Mrs Brynda Collins, and Mr. David Smith, Mrs Mandy Jones who will take the chair in the absence of the Chairman.

It was suggested rewording the membership renewal letter to make it clear that as banks are making charges, payment by Direct Debit or BACS are the preferred options

We should love to have more members from the local community.

### **Floodlights**

*We thank our sponsors*

With sincere apologies to Sheila and her family for the errors in her messages in September:

06/09/25 A year without you Dick, we miss you so much but love never dies. You are forever in our hearts. Love, Sheila x, Julie, Janet x.

14/09/25 Richard Stacey (Dick). Remembered with love on what would have been your 90<sup>th</sup> birthday. Love always, Sheila xxx and all the family  
xx

19/10/25 All my love, Hywel, on this special day. Elizabeth.

### **Thanks**

Elizabeth would like to express her sincere thanks for all the cards, messages of sympathy and flowers she received following Hywel's passing. Her gratitude for the wonderful care he received at home and to Revd. Roger Morley-Jones, bearers and Autumn Leaf for a moving service.



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(Manager) Tel: 01554 890 896

## **What's on in our Group of the LMA for the rest of this year**

Get these dates in your diaries now

### **October**

1<sup>st</sup> October Harvest in St. T. 7pm with buffet following

2<sup>nd</sup> October Harvest service for Ysgol MyG in St. Teilo's 2pm

(4<sup>th</sup> October – Diocesan Conference)

5<sup>th</sup> Oct Harvest Service and Lunch in St Mary's 11am service

6<sup>th</sup> Oct Harvest for Ysgol Y castell in St Mary's 10.30am

17 October quiz night Llandyfaelog Community hall for church funds

### **November - Remembrance**

3<sup>rd</sup> November All Souls Service in St. Mary's at 7.00pm

9<sup>th</sup> November Morning Kidwelly

9<sup>th</sup> November 2pm Llandyfaelog

Schools remembrance in St. Mary's and MyG hall. – No date yet, normally the Wed after remembrance.

16<sup>th</sup> November – **St. Maelog's Patronal festival** – no other services in the three churches– refreshments to follow or lunch in the Red?

28<sup>th</sup> Christmas by Candlelight – Zirenz and friends.

30<sup>th</sup> Christingle in St. Mary's

### **Christmas 2025**

22<sup>nd</sup> November Kidwelly Lights on – St Mary's to do Mulled wine and mince pies in Park Stephens

28<sup>th</sup> November Zirenz concert St. Marys - 7pm

Christingle 30<sup>th</sup> November 5pm

1<sup>st</sup> December (Monday) Llandyfaelog Christmas Fair 7pm

5<sup>th</sup> December (Friday) Excelsior Concert St Mary's

6<sup>th</sup> Brownies Craft Fair & Party – St Mary's & Parish Room

7<sup>th</sup> December (Sunday) St Teilo Christmas Carols 7pm

10<sup>th</sup> December MU service in St. Mary's 2pm

10<sup>th</sup> & 11<sup>th</sup> Ysgol y Castell concerts St. Mary's evening

12<sup>th</sup> December Ysgol y C Christingle – St. Mary's. 10.30am

14<sup>th</sup> December (Sunday) YFC carols St. Maelog's

17<sup>th</sup> December Carol Singing around Llandyfaelog

18<sup>th</sup> Carol Singing around Kidwelly.

19<sup>th</sup> December (Friday) Mulled Wine and Mince Pies at the Vicarage

21<sup>st</sup> December Crib Service St. Mary's (With Donkey?) in family service – Not Eucharist.

21<sup>st</sup> December 9 Lessons and Carols St. Mary's



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24<sup>th</sup> Christmas Service St. Teilo 7pm  
24<sup>th</sup> Christmas Service St Maelog 7pm  
24<sup>th</sup> Midnight St Mary 11.30pm  
25<sup>th</sup> Christmas Morning Service 9.30 am St Marys.  
26<sup>th</sup> St Stephens day – St. Mary's? 9.30?

Visit to the Lyric Carmarthen to see a Pantomime 'Snow White'  
In December (date to be confirmed)

All items for November magazine should be submitted by the 16<sup>th</sup> of October please.

**18<sup>th</sup> October is the feast day of St Luke, who is the patron saint of physicians.  
So this is a good month to pray for those in the NHS...**

A&E nurses face an increasing barrage of punches, kicks and spitting – and having weapons aimed at them. One was even threatened with an acid attack. The violence has been blamed on enforced long waits in A&E departments, corridor care, and chronic staffing problems.

The Royal College of Nursing reports that the number of attacks has doubled in five years, from 2093 cases in 2019, to 4054 in 2024.

One senior charge nurse in the East Midlands said: "Even patients you would expect to be placid are becoming irate because of just how long they have to wait. So, you can only imagine the behaviour of those who are already prone to violence." She herself has been punched in the face by a "drunken six-foot-two bloke."

A senior sister in an A&E in east London was knocked unconscious after being punched in the head by a patient. "The violence is awful," she said. "And it's just constant. Nurses, doctors, receptionists – none of us feels safe."

Another nurse said: "It's not going to help with our retention and recruitment if you think you're going to be clobbered every shift."

The RCN warns that such attacks lead to both physical and mental scarring, lengthy time off and sometimes staff never returning.

We remember in our prayers our parishioners who work in the NHS.



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## **Parish Room**

### **Plant Dewi**

Mae Canolfan Deuluol Porth Tywyn sy'n rhan o Blant Dewi yn dychwelyd i ystafell y Plwyf, bore Iau rhwng 9:30 a 11:30 i gynnal sesiwn Aros a Chwarae gymunedol. Mae'r sesiwn yn rhad ac am ddim i deuluoedd gyda phlant 0 - 11 oed, cyfle i blant a rhieni/gwarcheidwaid ddod at ei gilydd, cymysgu, chwarae, dysgu sgiliau newydd ac yn bwysicach, cael sgwrs dros banded.

Canolfan Deuluol Burry Port Family Centre part of Plant Dewi has returned to the Parish room, Thursday mornings from 9:30 – 11:30 to deliver a community Stay and Play session. The session is free to families with children ages 0 -11 years, an opportunity for children and parents/guardians to come together, mingle, play, learn new skills and more importantly have a conversation over a cuppa.

### **1st Kidwelly Rainbows, Brownies, Guides and Rangers!**

We welcome a new group this month, with a Rainbows group starting on the first Wednesday of September at 5.00pm. Contact Josie or Jenny for more information.

Rainbows: aged 4-7

Brownies : aged 7-10

Guides : aged 10-14

Rangers : aged 14-18 yrs

We meet every week during term time, to enjoy activities and games.

If you would like to join us, or contact for further information, please contact:

Jenny Collins - 07534 212314

Josie - 07876340377

To register interest for a place with us, please go to: [www.girlguiding.org.uk](http://www.girlguiding.org.uk)

### **Adverts - Disclaimer**


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### **Welsh Conversation class**

If you have some knowledge of Welsh and would like to improve your conversation, then do come along to the Parish Room on Monday evenings between 6.30pm-7.30pm. A warm welcome awaits you.



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# **Mothers' UNION**

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## **Branch news**

Our October meeting will be at 2.00pm on Wednesday 8<sup>th</sup> in the Parish Room. The theme will be 'My favourite things', so bring along an item or book or whatever is your favourite thing and share it with us.

Subscriptions for 2026 will be £30.00. Our Diocesan Treasurer encourages us to pay this by Direct Debit, but I can take cash or cheque to her if you prefer this. I will need it by January 2026 please.

2026 is the 150th Anniversary of the Mothers' Union and as a Diocese we have been asked to do something to raise money for this occasion. Our Trustees have decided to hold a grand raffle; members have been asked to take 2 books each to sell. Prizes are 1<sup>st</sup> prize £150.00 2<sup>nd</sup> prize £100.00 3<sup>rd</sup> prize £50 plus other prizes. I hope you are willing to support this.

We are still supporting Plant Dewi Baby Bundle. Donations may be left in St. Mary's; Babygros are needed urgently just now. There is a list of required items on the notice board in church.

116 bundles were given locally during July and August.

## **Condolences**

We heard just before going to press that one of our members, Elizabeth Antoniazzi, has passed away. May she rest in peace and rise in glory. We remember in our prayers her family as they mourn her loss.

As you tidy your garden for winter.....

Gardens are preparing to go to sleep, but next Spring will soon be here. So why not consider some changes now:

- ~ Install a water butt now, to store up the winter rain for the Spring.
- ~ Reduce the hard standing in your garden. Instead, let rain soak into the soil, rather than go down a drain.
- ~ Plant something tall to create shade in your garden next year – the soil will remain wetter.
- ~ Put in more plants – the more you have, the more protection they give the ground. Try to use native species, as your local wildlife depends on them.
- ~ Consider adding a pond – it will be a great boost to your local wildlife!

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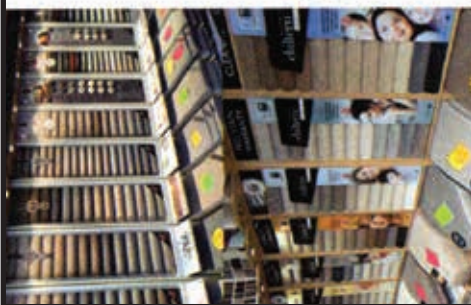
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## Your Favourite Recipe

Christine Evans shares her mum's boiled cake recipe this month.

'Mum used to make these regularly for every cake stall or tea. I miss having one to take home! I hope this will inspire me to make my own!!'

### .Muriel's Boiled Cake



#### Ingredients:

- ½ pint water and brandy
- 12 ounces mixed fruit
- 4 ounces margarine
- ½ teaspoon spice (optional)
- 2 eggs
- 12 ounces SR flour
- 8 ounces brown sugar
- ¼ teaspoon bicarb

pinch of salt

Glacé cherries (optional)

#### Method:

1. Place margarine in a large bowl
2. Boil the fruit and sugar with the brandy and water
3. Pour the boiled mixture over the margarine and stir
4. Leave to cool
5. Add the eggs and then the dried ingredients, and mix well
6. Share between 2 x 1lb tins, or use a 2lb tin or 7inch round tin (lined with parchment paper)
7. Cut some cherries in half and dip the middle edge of each into a tiny bit of flour (optional)
8. Place cherries down the middle of the cake mixture
9. Bake at 150/160° – gas mark 3
10. After 45-50 minutes cover the cakes with foil and return to the oven
11. Check if they are ready after a total cooking time of 1¼ - 1½ hours
12. Allow to cool and then enjoy with a nice cup of tea!!





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## **Town News**

### **Royal British Legion**

In our September meeting we were informed that in future the Masons Arms will be closed on a Monday. Therefore, our monthly meetings will be held on the first Wednesday of each month instead.

Branch members would like to thank all those who attended the joint 80<sup>th</sup> anniversary commemorations of VE/VJ day earlier in the year and for the information that the community provided for the displays.

Looking ahead to this year's Poppy Appeal, wreaths could now be ordered. C Type cost £28.00.

The 2025 Poppy Appeal will be launched this month.

We will meet at 10.00am on the first Saturday of every month to help to tidy up the memorial garden.

### **KIDWELLY SENIOR CITIZENS**

Well, our luck with the sunny weather ran out for our trip to Tenby in September, but we still managed to have a brilliant time, dodging the rain. Good company never dampens our spirits. We are still trying to plan trips for the rest of the year, and hopefully we can go to Llandeilo in November to start off the Christmas vibes. Our Christmas 'Do' will be on December 10<sup>th</sup> at the Rugby Club, and we will be taking names and food choices in our October meeting. Best wishes to Corrie after her knee operation, and to other members who have not been well. We finished our meeting with Bingo. The next meeting will be on the 1<sup>st</sup> of October, 2pm, at the Rugby Club.

### **Gwenllian Hall**

Fresh Home-made soup is served every Wednesday between 11.00am-1.00pm. Soup is free, but donations are welcome.



# TAI CHI SHIBASHI

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## CURSILLO

Say CUR SEE O (Spanish). What is it? The answer is a movement of the Anglican Church, sanctioned by the Bishop of the Diocese or it cannot exist.

Are there members of Cursillo here in Kidwelly? Yes, there are five in St. Mary's Church and a former vicar, the Revd. Hugh James is also a member. Cursillo is not something weird and wonderful as some people think: it is just wonderful!

How do you become a member? A Cursillista (Spanish again!). You have to be at least eighteen and a member of the Anglican church. If interested, you go on a short residential course in Christian living and explore your faith. Afterwards, you don't forget about it but try to be as active a Christian as you are able in your own community. You are not on your own. It is a very supportive movement and Cursillistas in the diocese gather several times a year in various places for a meeting called an Ultreya. Again this is a Spanish word meaning Onward! It is the call to boost spirits of pilgrims as they journey.

Why all this introduction and talk of Ultreya? It is because there is a huge National Ultreya each year at the beginning of September. This year it was in Durham and three Cursillistas went from St. Mary's. Although we went from Friday to Monday, the Ultreya was on the Saturday.

Cursillistas from England, Wales and Scotland met in a hall in the morning. Goody bags were provided, bottles of water, tea, coffee and biscuits so we could mingle and chat. We linked up with another from our diocese and two from Swansea and Brecon. After hymn singing and an introduction from the Durham hosts, we broke into small groups, finding people we did not already know, and discussed the three principles of Cursillo: Prayer, Study and Action and how we had been recently trying to carry them out. There was also a keynote speaker and other information.

After lunch, everyone met with their Cursillo banners on a green near the cathedral and paraded around the green and into the cathedral. There were many tourists to see this Walk of Witness and read on the banners where these people had come from.

The Eucharist was hosted by the Durham Anglican Cursillo and the Right Reverend Sarah Clark, Bishop of Jarrow and acting Bishop of Durham,

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presided and preached. It was an inspiring service and you can imagine the singing from such a huge congregation! The banners were processed into the cathedral and Brenda carried the St. Davids banner on the outward journey.

Sunday, the three of us, Brenda, Heather and Kath, attended Holy Communion at St. Giles, very near our Air B&B. Amazingly, it was their Patronal Festival and we were made very welcome. We also went to Evening Prayer, using the old prayer book version, and swelled the congregation from two to five. Kath and Brenda read the lessons for which the two ladies were very grateful. They made sure that we signed their visitors book.

The National Ulteya was a wonderful experience, worth suffering the eight hour train journey there and back. Next year it will be in Chichester.

**IMPORTANT NOTE:** Grateful thanks to Brian Horsler for finding us such a convenient Air B&B.

### **Send your love with these flowers**

A flower used by Victorians when they wanted to send a 'hidden message' of love is making a big comeback.

It is the aster. It's popularity in bouquets has quadrupled in two years. Sales at Tesco alone have soared by nearly 350 per cent.(other supermarkets are available)

And no wonder: asters are vivid, fast-growing British flowers with a good vase life. They come in blue, purple, pink, dark pink, red and white – all with a bright yellow centre. They originally came from Japan and are related to dahlias and chrysanthemums.

The Victorians believed that asters symbolised love, patience, wisdom, elegance and grace. That made asters a sure winner for bearing discreet messages of affection. More than five million were grown in the UK this year, so there must be a lot of love about!



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## Newyddion St. Teilo News

**Well, it feels as if summer is over**, although we might have a pleasant surprise and have just a few more days of warm sunshine. But if I recall, we did complain a little about the unusual heat but, on the whole, it was a welcome summer, reminiscent of years ago when we had 'proper' summers. And the main thing it brought was our garden produce, the fruit -- apples, pears, plums, tomatoes etc, tasty garden vegetables, blackberries and sloes -- what we could term as a good yield. And of course, we prepare to offer these and our thanks as we celebrate our Thanksgiving services.

**Seniors Club Mynyddygarreg** held their September meeting at the Red Lion, Llandyfaelog where twenty six members partook of a delightful lunch following the meeting. It was a lovely afternoon of good food in a delightful setting and lovely young staff who took such good care of us. We thank Sarah and her team for making it a special afternoon.

Apologies were received from four members. Thank you to members who brought along Raffle prizes, eight in all, and we played Bingo which was won by Sheila and a prize Bingo which was won by Jayne.

Discussions took place on the proposed outing to Abergavenny on the 10th October, with a welcome to anyone who would like to join us.

We hope to visit Haverfordwest and Vincent Davies store in November.

The next meeting will be at the Neuadd on Wednesday 1st October 2.00pm.

And as a Club we send our very best wishes to our Treasurer, Mrs Christine Hughes who, following a fall, underwent surgery at Glangwili Hospital. We hope you have a full and speedy recovery Christine and look forward to you being back amongst us soon. Gwellhad buan a llawn i ti Christine. Dymuniadau gorau

**Neuadd Mynyddygarreg's Annual BEER FEST** in September was a big success, featuring not only Real Ales but delicious foods and outstanding music.

Congratulations to the hardworking committee for staging such an event.

**Congratulations** to Max Martin, Ty Llangadog on obtaining a Degree in Sports Media. Proud parents are Peter and Emma and sister Holly who is a Pharmacist in Cornwall. Good luck to you Max for the future.

**Best Wishes** to Tomos Job and Audrey Griffiths, Tyhir, who are not in the best of health at present. Great friends of Yr Eglwys Fach over the years, we remember them fondly in our prayers and wish them better health.

Also we remember our dear friends at Sant Teilo who are unwell -

Mrs Margaret Hughes who is a patient in Glangwili Hospital, gwellhad buan i ti MAGS a fydd yn dda gweld ti adre, a Mrs Avril Morris sy ddim yn y iechyd



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gorau ar hyn o bryd. We remember them both and keep them in our prayers, as we do all those in our community who are also unwell.

**Deepest sympathy** goes to all the family of the late Mrs Jean Evans, formerly of Derlwyn, Glyn Road, now residing at the home of her son Ioan Hefin and family in St Illtyd's Rise, Pembrey, who passed away recently. The funeral will take place on Saturday 27th September at the Funeral Home of O G Harries, Pontyberem, followed by a private family cremation. Jean will be remembered fondly as a founder member of Neuadd Mynyddgarreg, the Senior Citizens' Club and a faithful collector for the charities, Children's Society and Cancer Research UK.

We remember her in our prayers.

**Horeb Chapel** will hold their Thanksgiving Service on Tuesday 14th October in the Vestry at 6.30pm with Parchedig Martin Williams officiating.

**Thanksgiving Services** at Sant Teilo will be on Wednesday 1st October, 7.00pm followed by a Buffet Supper / Scatter and Graze at £7.00 a head. Donations of Food items will be gladly received for Myrtle House, Llanelli, a charity that Sant Teilo has supported for many years.

Then on Thursday 4th October at 2.00pm, we welcome Ysgol Mynyddgarreg with their Thanksgiving offer, and we look forward to seeing the children on their annual visit.

There will be no service in St. Teilo's on Sunday 5<sup>th</sup> October – Harvest in St. Mary's at 11.00am.

**ADVANCE NOTICE.** This year's Community Carol Service at Sant Teilo will be held on Sunday 7th December at 7.00 pm.

**FLOWER ROTA OCTOBER. CHRISTINE EVANS**  
**NOVEMBER. MARGARET HUGHES**

### **READERS' ROTA**

19th OCTOBER. LISA FLANAGAN  
2nd NOVEMBER. DORIAN REEVE



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## **Newyddion Sant Maelog News**

### **Flowers/Blodau**

5-12 October Carys Thomas      19-26 October Shan Rees

2-9 November Alison Williams

### **Readers/Darllenwyr**

5th October – Sally Rees

12<sup>th</sup> - Llinos Jones

19<sup>th</sup> - Helen Davies

26<sup>th</sup> - Thomas Flanagan

2<sup>nd</sup> November - Shan Rees

### **Door/Drws**

5<sup>th</sup> October – Sally Rees

12<sup>th</sup> - Llinos Jones

19<sup>th</sup> - Helen Davies

26<sup>th</sup> - Shan Rees

2<sup>nd</sup> November - Kath a Shan

**Thank you** to everyone who came to help with the churchyard clean up on the 20th of September and to everyone who decorated the church for Harvest Thanksgiving; it looked fantastic as always.

### **St Maelog's What's On**

Friday October the 17<sup>th</sup> there will be a quiz with money raised for St Maelog's starting at 7.30pm.

14th of October - The Coffee and a chat will be holding another meeting at the church with Pauline Thomas as guest speaker. Pauline will be giving a talk on 'My running days'. A warm welcome to all.

Sunday the 16<sup>th</sup> November - We will be celebrating the feast of St Maelog

### **Condolences**

It was very sad to hear of the passing of one of our longest serving church members, Muriel Thomas. Muriel was the organist at St Maelog's for over fifty years and also served as Secretary, People's warden and Vicar's warden. Muriel had farmed with her husband Dewi in Penyfedw for many years and then she moved to Nantyrarian where she devoted her time to charity. Muriel had played the organ for over 50 years in St Maelog's church and will always be fondly remembered for her beautiful hats. The funeral took place on the 11<sup>th</sup> September at St Maelog's and was very well attended. Deepest sympathy goes to Pauline, Carol and Andrew and to the Hafod family, Peniel.

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## **Community News and What's on**

Winners of the Llandyfaelog Community Council Garden competition:-

**Overall** - Nick Carter, Erw Aur, Pentrepoeth

**Vegetable** - 1<sup>st</sup> 20 St Anne's Cwmffrwd

2<sup>nd</sup> Fforest Ganol                      3<sup>rd</sup> Penrhiw, Croesyceiliog

**Container Garden** - 1<sup>st</sup> Llygaid Yr Efail                      2<sup>nd</sup> Llety Celyn, Pentrepoeth

3<sup>rd</sup> Plas Glanrhydwr

A big Thank you goes to our judges Paula Davies, Ferryside and Helen Gravelle, Fforest Uchaf.

**Monday nights** - Llandyfaelog Movement Class at the village hall

5.30pm-6pm. Chair based exercises £1 per session.

6pm-7pm Full movement class £3 per session or £8 a month.

Contact Karine for more information 07443 220 608

**Bowls** has resumed on a Monday and Wednesday evening 7.30pm

## **YFC**

It has been a busy start back to YFC year with a new members evening on the 9<sup>th</sup> of September. The YFC then did an alternative horse racing evening at the showground after Llandyfaelog Show which was well attended and supported by the local community. The following Tuesday was the annual treasure hunt with 13 cars taking part. The club looks forward to joining the church for the Harvest service on the 23<sup>rd</sup> and taking part in the service.

Any new members wanting to join please contact Elgan 07507 352 127 and the club meets on a Tuesday night.

## **Llandyfaelog Show 2025 - from this Year's Chairperson Llinos Jones**

Saturday the 13<sup>th</sup> of September saw the community pull together for the annual Llandyfaelog Agricultural and Horticultural Show at the Carmarthen showground at Nantyci. Either side of a couple of heavy downpours the weather was favourable. It was a spectacle to see so many local exhibitors and competitors turning out such good quality stock. The horticultural section was an abundance of colours from leeks and pumpkins to roses and fuschias. It was a pleasure to see the talent displayed by bakers, florists and handicrafters. Congratulations to all that competed and were successful in various competitions. Show president this year was Mr David Gravelle, Muddlescwm Farm. We would like to thank him very much for his continued support. Show Ambassadors were Miss Cari Gibbon and Mr Henry



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Bennett. Llongyfarchiadau mawr i chi a diolch am eich gwaith. It was a pleasure again this year to hold the Fence for Frazer Charity Fencing Competition, with teams from as far away as Ireland, raising money for 'To make a Wish children's charity'. As a committee we are truly thankful for all the support and help of volunteers to steward, to stall holders, sponsors and competitors in order to hold the show successfully. Prior to the show day on August the 26<sup>th</sup> the annual show stock judging competition was held in Nantygofire farm. Thank you to Huw and Sarah Walters and family for their warm welcome and generosity. Diolch yn fawr i chi gyd! Over and out for another year!!

## October Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 |   | 5 |   |   |   | 8 |   |   |
|   |   |   | 6 | 5 | 3 |   |   |   |
| 9 |   |   |   |   |   |   | 6 |   |
|   |   |   | 4 |   | 6 |   |   | 1 |
| 3 |   |   |   |   |   |   |   | 4 |
| 7 |   |   | 2 |   | 9 |   |   |   |
|   | 2 |   |   |   |   |   |   | 9 |
|   |   |   | 5 | 7 | 4 |   |   |   |
|   |   | 4 |   |   |   | 6 |   | 5 |



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## **Parish Readings for October 2025**

Red Lectionary pages in []

**Sunday 5<sup>th</sup> October**

**16<sup>th</sup> Sunday after Trinity**

**Harvest in St. Mary's**

**Eucharist 11.00am** – Deuteronomy 26.1-11; Psalm 100; Philippians 4.4-9 or Revelation 14.14-18; John 6.25-25 [p1165]

**Evening Prayer:** readings to be confirmed

Reader: Ted Rowlands

**St. Maelog's Mattins** Habakkuk 1.1-4; 2.1-4; Psalm 37.1-9; 2 Timothy 1.1-14; Luke 17.5-10 [p1005]

**Sunday 12<sup>th</sup> October**

**17<sup>th</sup> Sunday after Trinity**

**Eucharist:** 2 Kings 5.1-3, 7-15c; Psalm 111; 2 Timothy 2.8-15; Luke 17.11-19 [p1011]

**Evening Prayer:** Psalm 144; Nehemiah 6.1-16; John 15.12-27

Reader: Jenny Jones

**Sunday 19<sup>th</sup> October**

**18<sup>th</sup> Sunday after Trinity**

**Eucharist:** Genesis 32.22-31; Psalm 121; 2 Timothy 3.14-4.5; Luke 18.1-8 [p1016]

**Evening Prayer:** Psalm [146;] 149; Nehemiah 8.9-18; John 15. 1-11

Reader: Kath Nicholas

**Sunday 26<sup>th</sup> October**

**The Last Sunday after Trinity/Bible Sunday**

**Eucharist:** Sirach 35.12-17 or Jeremiah 14.7-10, 19-22; Psalm 84.1-7; 2 Timothy 4.6-8, 16-18; Luke 18.9-14 [p1023]

**Bible Sunday Readings:** Isaiah 45.22-25; Psalm 119.129-136; Romans 15.1-6; Luke 4.16-24 [p1027]

**Evening Prayer:** Psalm 119.1-16; Ecclesiastes 11, 12; 2 Timothy 2.1-7

Reader: Brenda Evans

**Sunday 2<sup>nd</sup> November**

**1<sup>st</sup> Sunday of the Kingdom**

**Eucharist:** Readings to be confirmed

# **Jason Williams Removals**

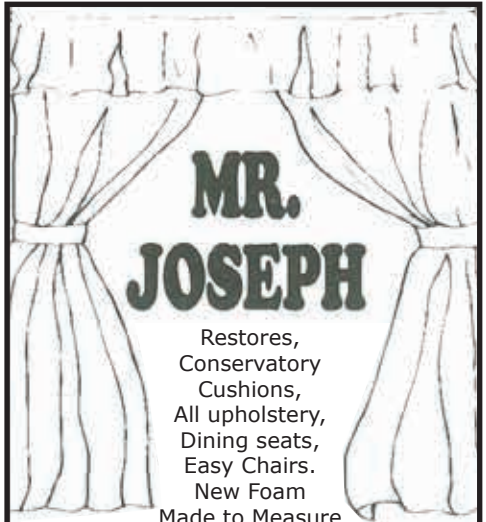
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## St. Luke      October 18<sup>th</sup>

As we remember St Luke this month, let's note that one of the major themes in his gospel is prayer. Jesus tells the *Parable of the Friend at Midnight* (Luke 11:5-8) in the context of teaching His disciples to pray.

### **Pray Shamelessly:**

In the parable a man approaches his friend at midnight and asking: '*Friend, lend me three loaves, for a friend of mine has arrived on a journey, and I have nothing to set before him*' (5-6). Despite the hour, the rules of hospitality mean that this is not an unreasonable request. Jesus says, '*though he will not get up and give him anything because he is his friend, yet because of the man's boldness he will rise and give him whatever he needs*' (8). Jesus is telling us to approach our heavenly Father in '*shameless boldness*' with our needs. As adopted children we should have no hesitancy in coming to talk with our Father. It is not God who is reluctant to answer, but we to ask. Do we pray with shameless boldness?

### **Pray Persistently:**

Like children we should be persistent in our requests: '*Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.*' (9). All three verbs indicate a continual habit: '*Keep on asking...seeking...knocking*'. We will not be content simply to ask once and then move on. Jesus tells us to bring our prayers to God persistently. Do we give up too easily in prayer?

### **Pray Expectantly:**

*'For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.'*(10). Are we expectant in our prayers, believing that God delights in meeting our requests? Why not begin this adventure of prayer today!

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| 3 | 1 | 9 | 5 | 7 | 8 | 6 | 2 | 4 |
| 8 | 6 | 5 | 2 | 1 | 4 | 7 | 3 | 9 |

September solution





# KIDWELLY RFC

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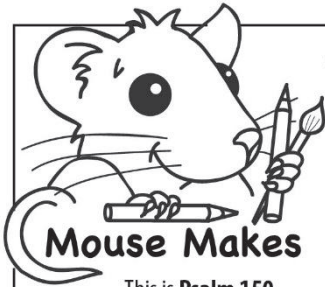
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This is **Psalm 150**,  
a song of praise to God,  
it tells us why and how  
to worship God.

*How do you praise and  
worship God?*

**Praise** God in His Temple,  
**Praise** Him in His mighty heavens.  
**Praise** Him for His acts of power,  
**Praise** Him for his surpassing greatness.

**Praise Him**  
with the sounding trumpet,

**Praise Him**  
with the harp and lyre,

**Praise Him**  
with tambourine and dancing,

**Praise Him**  
with the clash of cymbals,

**Praise Him**  
with the resounding cymbals.  
Let everything that has breath

**PRAISE THE LORD!**

|   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|
| P | K | G | C | Y | M | B | A | L | S | A |
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| E | T | A | M | B | O | U | R | I | N | E |
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## Shine a little light this Hallowe'en

Some parents aren't sure quite what to feel about Hallowe'en – is it just harmless fun, or are there aspects of it that don't fit in with how we want to see the world?

A child's christening service is very honest about the reality of good and evil, and Hallowe'en can be a good time to talk about those things and how the love of Jesus can be a 'Light in the darkness' for everyone.

The word 'hallowe'en' actually means 'the eve of all hallows' day' – in other words, the night before the church's festival celebrating All Saints. A Saint is sometimes thought to be an exceptionally holy person – someone really special, who did extraordinary things because of their faith in God.

The famous saints are all amazing examples of what it's like to live God's way. But in the Bible, St Paul calls all Christians saints – a saint is simply a friend of God, who seeks to live their life according to God's purposes. When someone is christened, they truly become a Saint, so All Saints' Day is a celebration of the whole family of God.

If you'd like to mark Hallowe'en, these are some ideas that will bless others as well as being fun too.

*What's happening in church?* Some churches hold special events around this time of year. There might be a 'Light Party' with fun activities for children and young people – these events are a lovely way to focus on all that's life-giving and positive around All Hallows.

Some churches also have a special service for All Souls Day – a time when we remember our loved ones who have died. There might be an opportunity to go and light a candle to remember someone – even small children grieve in their own way and may find comfort in this simple action. Why not pop into your local church, or look up on their website, to find out what's happening in our local area?

*Carve a pumpkin.* Did you know that gargoyles (the scary looking faces carved in stone on churches) were originally made in medieval times to scare away evil spirits? The pumpkins with scary faces carved into them at Hallowe'en are a bit like that.



But Christians believe that you can't fight evil with evil – you can only fight evil with good, and that good will always win in the end. So why not see if you can carve a friendly looking pumpkin this year, as a sign that you and your family are going to be a force for good this Hallowe'en? (And you can always use the offcuts from your pumpkin to make delicious soup!)

*You can do the same with Hallowe'en costumes.* Superheroes make a great, positive alternative to scary witches and ghosts.

*Give a treat.* Not everyone is comfortable with the idea of children going round to neighbours' and just asking for treats. But if you don't want them to miss out on something their friends are doing, why not have a family baking session, and take a tray of cookies with you if you go out with them? Even little children can help stick a smiley face on an iced biscuit. That way, you have something lovely to give away to your neighbours, too!

*Safety first.* Many children's fancy dress costumes are highly flammable. Please, don't ever use real candles around your front door or in your pumpkins; use the small battery-powered candles instead. If you can afford to buy a multi-pack of these electric candles, you could lend them to your friends and neighbours.

*Say a goodnight prayer.* Even if you've steered clear of scary costumes, and even if your child has loved the evening, it can be reassuring to have a goodnight prayer that reminds them that love, and light, and good, are always going to be stronger than fear and evil.

The ancient service of Compline (Night Prayer) has been used as this reminder for centuries, and many of its prayers are still well known today: *'Visit this place, O Lord, we pray and drive far from it all snares of the enemy; let Your holy angels dwell with us to preserve us in peace; and let Your blessing be upon us always, through Jesus Christ our Lord. Amen.'* Or, in a simpler children's version: *'Be with us, Lord, and take away all fear, may your angels protect us and give us peace. And bless us always. Amen.'* You can use these lovely prayers any time when you need a reminder that God is with you – especially at the end of a difficult day, or when something sad has happened, or when your family is worried about something.





## Complaints- how do you make them effective?

**Editor: David Pickup, a solicitor, offers some general advice on what to do when you are not happy about something...**

*I cried unto the Lord with my voice;... I poured out my complaint before him; I shewed before Him my trouble. (Psalm 142:1,2 KJV)*

Perhaps it is a British thing, but we do not like to complain, do we? But the psalmist was not British, so he did not mind complaining – even to God, we are told. Nowadays, most large organisations, especially public bodies, *want* us to complain if something is wrong, because good service standards are important. They have well designed complaints systems and independent ombudsmen to oversee it all.

The first thing is to try to resolve an issue informally. If this has not worked, use the proper procedure. You can probably find how to on the company's website.

Be precise about what you are complaining about. Be clear – use account numbers, references and dates. Put in the names of persons involved, if you know them. Do not leave it too long because most procedures have deadlines.

Keep it short, simple and to the point. Ask a friend to look at it first, to make sure they understand what you are complaining about. Be firm but polite and business-like – you are more likely to be listened to. It may be helpful to use numbered points, in date order. Keep a note of dates. Be reasonable. It may be an apology will suffice, but do not be fobbed off. Think about what outcome you want. Is it an apology? If so, get a genuine apology. If you are told “we are sorry you felt let down” that is not an apology; “We let you down” is. Perhaps you want the organisation to change their ways so something bad does not happen to other people.

And another thing: if you get a good service from someone, tell the company. It might make their day.

## Some Useful Phone Numbers

### Churches & Chapels

Capel y Morfa: Mr. Gwyndaf Jones  
01554 753868

Our Lady and St. Cadog:-  
01554 832520

Trinity Methodist: Mr. Peter Burt  
01554 890 605

### Health

Kidwelly Health Visitor 01554 890560

Minafon Surgery 01554 890234

Chemist 01554 890279

West Wales General Hospital,  
Carmarthen 01267 235151

Prince Philip Hospital, Llanelli  
01554 756567

### Local Authority

Kidwelly Town Council 01554 890203

Llandyfaelog Community Council  
01267 267647

Carmarthenshire County Council  
01267 234567

### Halls

Princess Gwenllian Centre, Kidwelly  
01554 891801

Llandyfaelog Welfare Hall  
Arfon Davies

[llandyfaelog@btinternet.com](mailto:llandyfaelog@btinternet.com)

Mynydd-y-Garreg Welfare Hall:  
Andrea Gower 01554 890670

### Schools

Ysgol-y-Castell 01554 890762

Ysgol Gwenllian 01554 890523

Ysgol Mynydd-y-Garreg 01554 810670

Glan-y-Mor Comprehensive School,  
Burry Port 01554 832507

### Youth

1st Kidwelly Brownies, Guides, Rangers

Josie Wells 07876340377

Jennie Collins 07534212314

1<sup>st</sup> Kidwelly Scouts - Shan Cheesman  
01267 267620 or 07790117904

Youth Council – Jeanette Gilasbey  
01554 892729

### Senior Citizens

Llandyfaelog Senior Citizen Association

Mrs. Maureen Howells 0127 223768

Mynydd-y-Garreg Senior Citizens Jean  
Fox 01554 891344

Kidwelly Senior Citizens Association:

Mrs. Bobbie Hope, 01554 890520

Kidwelly Welfare Committee: Mrs.  
Helene Cresser 01554 890550

### Other Organisations

Country Cars: Mrs. E. Nicholson  
01554 890188

Kidwelly Local History Society: Mr.  
Malcolm MacDonald 891090

Police: 0845 3302000

Mothers' Union: Brenda Evans  
07796430991

Royal British Legion: Trevor Eliot  
07807710699

Ty Golau: Janet Lewis 01554 890896

WI President: Nannette Jones 01554  
890206

## St. Mary's Kidwelly

**October 5<sup>th</sup>** Harvest/ Trinity 16  
**11.00am** Choral Eucharist  
**6.00pm** Evensong

**October 8<sup>th</sup>**  
**2.00pm** Mothers' Union in the Parish Room

**October 12<sup>th</sup>** Trinity 17  
**9.30am** Choral Eucharist  
**11.00am** Cymun Bendigaidd  
**6.00pm** Evening Prayer

**October 19<sup>th</sup>** Trinity 18  
**9.30am** Choral Eucharist  
**6.00pm** Evening Prayer

**October 26<sup>th</sup>** Last Sunday after Trinity  
**11.00am** Family Eucharist  
**6.00pm** Evening Prayer

**November 2<sup>nd</sup>** 1<sup>st</sup> Sunday of the Kingdom  
**11.00am** Choral Eucharist  
**6.00pm** Evening Prayer

**November 3<sup>rd</sup>** All Souls  
**7.00pm** Service

Wednesdays at 9.30am in the Lady Chapel  
 Holy Eucharist with prayers for healing

## Services

### October 2025

#### St Maelog's, Llandyfaelog

**October 5<sup>th</sup>** Trinity 16  
**11.15am** Bilingual Mattins

**October 12<sup>th</sup>** Trinity 17  
**11.15am** Bilingual Eucharist

**October 19<sup>th</sup>** Trinity 18  
**11.15am** Bilingual Eucharist

**October 26<sup>th</sup>** Last Sunday after Trinity  
**11.15am** Bilingual Family Service

**November 2<sup>nd</sup>** 1<sup>st</sup> Sunday of the Kingdom  
**11.15am** Bilingual Mattins

#### St Teilo's, Mynyddgarreg

**October 5<sup>th</sup>**  
 Harvest in St. Mary's – no service

**October 19<sup>th</sup>** Trinity 18  
**11.15am** Bilingual Eucharist

**November 2<sup>nd</sup>** 1<sup>st</sup> Sunday of the Kingdom  
**11.15am** Bilingual Eucharist