

Cylchgrawn Plwyfi Cydweli A Llandyfaelog

Kidwelly & Llandyfaelog Parish Magazine



Y SANTES FAIR CYDWELI - ST. MARY'S KIDWELLY



SANT MAELOG LLANDYFAELOG - ST. MAELOG'S LLANDYFAELOG



"SAN" TEILO MYNYDDGARREG-ST. TEILO'S MYNYDDGARREG

June 2025

WHO'S WHO

Priest-in-Charge: Father Jim Flanagan

The Vicarage, Castle Court Craylands Park

Kidwelly Carmarthenshire SA17 5EF

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Pastoral Letter

Dear Friends,

In ministry there is normally a little lull after the rather busy times of Holy Week and Easter before the events of the summer start up. This year with Easter being late this lull was shorter than normal and there will be plenty going on. Behind the scenes it has also been rather busy; as most of you are aware the way the Church in Wales is organised has changed a little bit. Rather than being individual parishes we are now grouped into Local Ministry Areas. Day to day this has not changed things very much, but in the background an awful lot has gone on and is still going on.

The often-asked question is “Why?”, “Why do we need to do this, why can’t we carry on as before?”. I am not one that likes change and I am not alone in this. But there are times when circumstances outside of our control dictate what we are to do. One of the main issues behind the move to the ministry area system is that there are less clergy to go around, there are not as many people coming forward for ordination or even lay ministry roles as there was. Money and rising costs is another factor that cannot be ignored. However, the other big issue is that society and the way that everything is run is changing beyond all recognition. The way charities are run has changed, the way safeguarding is implemented and the need for training, GDPR legislation, health and safety have all changed and like it or not we have to comply with all the legislation. This is not a plea for sympathy from the Vicar, but it does explain why at times I may not be as visible as I would like as pencil squeezing and training seem to take up more and more time.

It is a stressful time for some in the church; more and more responsibility is landing on people’s shoulders and there is more and more that needs to be remembered. But it is important to remember that the church has faced changes and challenges many times before, although nothing quite as bureaucratic as this has landed before.

The good news is that our three churches are still more than holding their own, we are serving our communities well and with love and care. This is not to say that things could not improve, they always can, but in the main we are doing well. One piece of very good news is that Deirdre Horsler has been accepted for ordination training, the next step on her path to the priesthood. Sarah-Beth another of our worship leaders is looking at becoming a lay reader. Please keep them both in your prayers, we are very blessed with lay ministry in our patch. Brenda Evans, Deirdre & Sarah-Beth all play important roles in the ministry of our churches and long may it continue.

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We are all called to serve our God through the church and I would be very interested in hearing from anyone who feels that they may be called to lead worship in any capacity. I am more than happy to train anyone who feels that they would like to look at being a worship leader (it's not difficult and there is no age restriction). If this is not your calling perhaps you might like to look at what you can offer to the church. Many hands make light work, and the more people involved in things then the more that we can do together to build and maintain our worshipping community. Perhaps you might want to read the lesson in a service, serve on the church council (four or so meetings a year – normally followed by a trip to the pub with the vicar paying)? We could really do with a treasurer for St. Mary's at this time and even this need not be particularly burdensome. The 'someone' to do the job could well be you and this would be a huge help and support.

It is a delight to be your vicar, and it is wonderful that so many things are happening in our churches and in this time of change and transition, we might like to look at how we can change, step up and embrace a new challenge.

God is with us; God will always be with us and the Holy Spirit is moving in our little patch of the vineyard. What is the spirit saying to you?

Blessings

Fr. Jim

Confirmation classes *What is confirmation?*

Confirmation is the occasion on which an individual confirms the promises that were made at their baptism. Traditionally it was only those who were confirmed that could receive Holy Communion although this is no longer the case as anyone baptised can now receive. It is an important milestone on our faith journey and is a great opportunity to learn more about what it is that we believe, how we worship and to deepen our faith. The vicar hopes to run a series of confirmation classes this year, with a view to a confirmation service in the late Autumn.

The courses will be fairly relaxed and hopefully fun as well as being educational and rewarding.

If you or a family member are interested, please contact Fr. Jim for a chat.



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St. Mary's News

Pilgrimage

Unfortunately, there will be no pilgrimage this year, due to being unable to secure accommodation at our preferred location. Look out for details for 2026!

Fr. Jim and Lisa are opening the Vicarage for a **Strawberries and Pimms** evening on Friday 27th June from 6.00pm.

100 Club -Winners for May 109,73,34.

June draw will take place on Wednesday 4th following the 9.30am service.

Flower List Altar Flowers

1st/8th June Mary Atkinson 15th/22nd June Heather Witt

6th/13th July Felicity Williams

St. Mary's Readers and Sidespeople for 9.30am

Readers

Sidespersons

June

1st Edwin Atkinson

Heather and Ken

8th Kath Nicholas Cymraeg Jayne Roberts

Mandy and Lynne

15th Maureen James

Maureen and Angela

22nd Angela Tonge

Kath and Alec

5th Sunday United Service in St. Mary's at 9.30am

29th Brenda Evans

Angela and Lynda

July

6th Mary Atkinson

Heather and Ken

Wednesday readers for St. Mary's 9.30am service -readings as Sundays unless stated otherwise.

04/06/25 Brenda Evans

11/06/25 Deirdre Horsler

18/06/25 Maureen James

25/06/25 Nevin Davies

02/07/25 Kath Nicholas

Pre-Vestry meeting

Our Pre-vestry meeting was held on Tuesday 29th April.

Diane Cuff, our Treasurer, presented the accounts which were looking better than last year, but there is still need for improvement. The 100 club is proving to be successful as is our Parish magazine. Your continued support is much



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appreciated. Diane is looking to step down as Treasurer, so if you think you can help, please contact Fr. Jim. Diane was thanked for her work.

Church wardens, Raymond Williams and Gareth Harries were asked and agreed to carry on, as was the church committee.

Fr. Jim commented on how happy he is to be our Vicar.

Dates for future events were mentioned and can be found on the What's On page in the magazine.

Gareth proposed a vote of thanks to Fr. Jim for all the work he has done since arriving here in Kidwelly.

Churchyard Tidy-up

Come and join us as we tidy up the churchyard at St. Mary's from 10.00am on Saturday 14th June. Fr. Jim has kindly offered a barbeque afterwards.

Flower Arranging Group

This month we meet on Thursday 12th June at 7.00pm in the Parish room. We will be preparing the pew ends for the Flower Festival in August.

St. Mary's Festival to include Flower Festival 15th – 17th August 2025

We are in the process of planning the Flower Festival which will be held over the weekend of our Patronal Festival in August.

The theme will be Harmony in Hymns

If you would like to help with funding this event there are a couple of ways to do this: Be a sponsor or sign up to give a donation for a dried flower arrangement pew end.

Lists will be at the back of church in due course.

Mystery Trip

Looking ahead to Saturday 19th July, Fr. Jim will be organising another Mystery Trip.

There will be a list in each of our churches to sign up, so do join us in this great day out.

Condolences

Our sympathy is extended to all those parishioners who have suffered the loss of a loved one recently. We keep you all in our prayers at our weekly Wednesday Eucharist along with those who ask for prayer of healing.

Almighty God, Father of all mercies and giver of all comfort: deal graciously, we pray, with those who mourn, that, casting all their care on you, they may know the consolation of your love; through Jesus Christ our Lord. Amen.



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Floodlights

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24/06/25 Love and best wishes Helen and Ed as you celebrate your Silver Wedding anniversary. Congratulations from Mammy, Mark, Karen, Dan, Hannah and Llŷr.

Send any floodlighting requests to Brenda, evans.d29@sky.com

Please send any items for the magazine no later than 16th June 2025 for the double July/August issue.

LMA News

The LMA Vestry meeting is to be held on Tuesday 10th June at 7.00pm in Llangydeyrn Church Hall.

Canon Chancellor Dewi Roberts as Priest in Charge in the Bro Teifi LMA. Chancellor Dewi Roberts will have Pastoral Care for Cilgerran, Eglwysrwrw, Llanfair Nantgwyn and Capel Colman. A formal service of licensing will be held on the 15th September, 2025 at 7pm at Cilgerran Church. Please pray for Dewi, Debbie and family as he prepares to take up his new role.

Website

Details of all our three churches' events, services and magazine can be looked at on the new website. www.stmaryskidwelly.org.uk

Same-sex blessings: where next?

The Church in Wales is preparing to revisit its stance on same-sex blessings as the time-limited provision introduced in October 2021 nears its expiration in September 2026. In a message to members, the Archbishop of Wales Andrew John has called for a period of prayerful discernment and open dialogue as the Church explores potential paths forward.

Options include allowing the provision to lapse, extending the current blessings, or taking the significant step of introducing a formal service of marriage for same-sex couples.

Meetings have been arranged in each archdeaconry:

These meetings are open to all. Our LMA discussion meeting is on Tuesday 3rd June in Dafen Church Hall, at 7.00pm.

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Parish Room

Plant Dewi

Mae Canolfan Deuluol Porth Tywyn sy'n rhan o Blant Dewi yn dychwelyd i ystafell y Plwyf, bore lau rhwng 9:30 a 11:30 i gynnal sesiwn Aros a Chwarae gymunedol. Mae'r sesiwn yn rhad ac am ddim i deuluoedd gyda phlant 0 - 11 oed, cyfle i blant a rhieni/gwarcheidwaid ddod at ei gilydd, cymysgu, chwarae, dysgu sgiliau newydd ac yn bwysicach, cael sgwrs dros baned.

Canolfan Deuluol Burry Port Family Centre part of Plant Dewi has returned to the Parish room, Thursday mornings from 9:30 – 11:30 to deliver a community Stay and Play session. The session is free to families with children ages 0 -11 years, an opportunity for children and parents/guardians to come together, mingle, play, learn new skills and more importantly have a conversation over a cuppa.

1st Kidwelly Brownies, Guides and Rangers!

Brownies : aged 7-10 yrs old

Guides : aged 10-14 yrs old

Rangers : aged 14-18 yrs old

We meet every week during term time, to enjoy activities and games.

If you would like to join us, or contact for further information, please contact:

Jenny Collins - 07534 212314

Josie - 07876340377

To register interest for a place with us, please go to: www.girlguiding.org.uk

Lou Lou's Kidwelly Repair Café

The Repair Café will meet in the Parish Room on the 3rd Saturday of the month going forward.

Adverts - Disclaimer

Whilst every effort has been made to make sure the accuracy of the content of the advertisements contained in this magazine, St Mary's Church Committee cannot accept any liability for errors or omissions contained in any of the advertisements provided by an advertiser. St Mary's Church Committee does not accept any liability for any information or claims made by the advertisement or by the advertisers. Any advertising contained in this magazine should not be taken as an endorsement by St Mary's Church Committee



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What's on in our churches this year.



June

- 10th 7.00pm LMA Vestry Meeting
- 22nd 2.00pm VE & VJ Day commemoration service in St. Mary's
- 27th 6.00pm Strawberries and Pimms at the Vicarage
- 29th 9.30am 5th Sunday United service in St. Mary's

July

- 11th Concert by Zirenz and friends
- 19th Mystery Trip

August

- 15th-17th St. Mary's Patronal Festival to include Flower Festival

September

- 14th Llandyfaelog Show – details to follow
- 20th Concert by Cor Meibion De Cymru

October

- Harvest Festivals to include Suppers and Lunch @ St. Mary's

November


- 2nd Feast of St. Maelog (to be confirmed)
- 9th Remembrance Sunday
- 28th Christmas by Candlelight – Zirenz and friends.



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Mothers' UNION

Christian care for families

Our meeting in June will be on Wednesday 11th June at 2.00pm in the Parish Room.

Thanks to those who have knitted the twiddle muffs which have gone to Glan Morfa Residential Home and to Plas y Dderwen, Carmarthen, where our former branch leader, Pippa Holloway now resides. Some have also gone to Glangwili Hospital.

Hospital Chaplain, Revd Euryl Howells writes: I have attached a photo of the hearts and crosses I use: Perhaps this explanation is helpful



The holding cross is made of material is padded and is larger than the wooden holding crosses. This is preferable in that if a patient has dementia they often will place the wooden one in their mouth and there is a potential risk in swallowing It is something like 5 inches by 3 and a half inches and as the cross is soft and if they lie on it, it won't make an indent into the skin or even break the skin. Some elderly people are vulnerable and breaking skin on steroids is easy

With the knitted hearts, we will often issue them in loved and lost baby instances along with the Cross in the pocket or when we minister at death. The idea is that one heart is left with the deceased and the family keep the other

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Abbreviations K Knit; P Purl; K2tog Knit 2 stitches together; K2tog tbl Knit 2 stitches together through the back of the loop; Kfb Knit into the front and back of the stitch; M1 Make an stitch by knitting into the bar between 2 stitches

P3 tog Purl 3 stitches together; Sts stitches

Method: Make 2

Cast on 2 sts.

Row 1 Knit

Row 2 Purl

Row 3 (Kfb) twice. [4 sts]

Row 4 Purl

Row 5 K1, M1, knit to last st, M1, K1. [2 sts inc'd]

Row 6 Purl

Rep last 2 rows 8 more times. [22 sts]

Row 23 Knit

Row 24 Purl

Row 25 K1, M1, knit to last st, M1, K1. [24 sts]

Row 26 Purl

Row 27 Knit

Row 28 Purl

Row 29 Knit

Row 30 P12, turn and work on these sts only

Row 31 K1, K2tog tbl, K9. [11 sts]

Row 32 Purl

Row 33 K1, K2tog, knit to last 3 sts, K2tog tbl. K1

Rep last 2 rows twice more [5 sts]

Row 38 P1, p3tog, P1. [3 sts]

Cast off.

With wrong side facing, rejoin yarn and purl remaining 12sts.

Row 1 K9, k2tog, K1. [11 sts]

Row 2 Purl

Row 3 K1, K2tog tbl, knit to last 3 sts, k2tog

Rep last 2 rows twice more [5 sts]

Row 8 P1, p3tog, P1

Cast off.

To make up, sew the two hearts together leaving a 2cm (1 inch) gap. Stuff gently and sew closed.

Please feel free to make some of these for us. I will get the pattern for the soft cross in due course.

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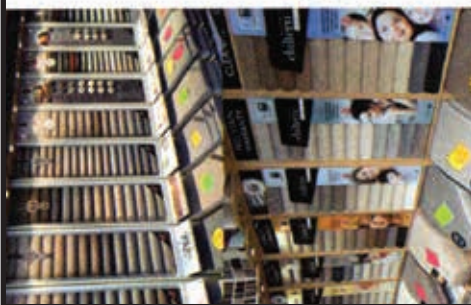
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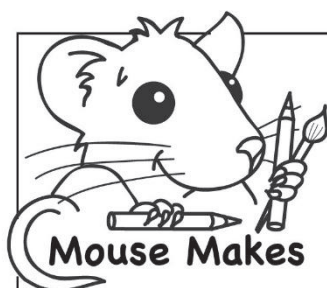
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It was fifty days since **Passover**, and Jews from many countries had come to **Jerusalem** to celebrate Passover. As the **Apostles** were gathered together the **Holy Spirit** came upon them and they began to speak in other **languages** as the Spirit enabled them.

The crowd that were listening were amazed as they heard about God in their own language.

How many people heard, believed and were baptised that day?

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In the first of a series of articles, Kenneth Harrod, Head of Theology and Media at Release International, the voice of persecuted Christians, reminds us of the realities of persecution today.

We've all read the biblical story of Stephen, the first martyr in the New Testament. We've probably heard that Christians in the early centuries suffered all manner of atrocities at the hands of Roman emperors. We know Protestant Reformers were martyred in the 16th Century.

But what about today?

We live in a country where Christianity has been an accepted 'part of the furniture' for centuries. Church buildings are obvious and visible landmarks in our towns and villages; Christian festivals are part and parcel of the calendar year—even for people who profess no Christian allegiance. In many ways, we enjoy the fruit of God having blessed gospel ministry in this land in times past. But in many parts of our world, life can be very different for Christians—particularly for those who seek to obey the Great Commission of Jesus Christ by proclaiming Him.

In some countries, opposition to the Christian faith might come from extremists of another religion; in other countries it might be the authorities themselves. Christians can suffer on-going oppression and violence. Christians may be forced to flee. Christians can find themselves languishing in prison for no other reason than the fact that they *are* Christians. In some places in our world today Christians may pay the ultimate price—martyrdom.

What is our response to all of this?

One of the New Testament images used to describe the Church is that of the 'Body of Christ'. In his first letter to the Corinthians the Apostle Paul wrote of that body: 'If one member suffers, all suffer together; if one member is honoured, all rejoice together.' (1 Cor. 12:26; ESV)

Out of sight should not be out of mind. Spiritual brothers and sisters suffering because they love and worship the same Saviour that we do should be of concern to us.

Release International is a UK-based ministry called to love and serve those who suffer persecution for Christ and the gospel. To find out more about this ministry; about where it works, how it works and how you and your church could get involved, go to: releaseinternational.org.

TAI CHI SHIBASHI

With Jane



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Your Favourite Recipe



Kath Nicholas shares the recipe this month:
Betty's Macaroons (old imperial measurements)

My mother, Betty Gravell , would make these for an event or a cake stall. She used to get annoyed if the macaroons were sold too cheaply.

Line a bun tin (12 cups) with pastry. Put a very small amount of jam in the base of each. Beat 2 egg whites until stiff. Add 4oz. ground almonds, 4oz. caster sugar, 2 teaspoons cornflour and a few drops of almond essence. Mix and spoon into bun tin. Makes 12. Bake 170°C for about 25 minutes. Can decorate top with some flaked almonds.

-----.

Make the pastry you usually make, or you can try this dessert pastry.

Mix 10oz. plain flour, 2 oz. ground almonds, 3oz. icing sugar and ¼ teaspoon salt. In another bowl have 8oz. soft unsalted butter, (can soften in microwave on low setting but do not let it turn to oil), add 2 egg yolks (you will have these from the macaroons as you used only the whites) and one tablespoon brandy. Gradually add the dry ingredients, bring together, wrap in cling and chill. It is not always easy to roll. This quantity will make more than you need so you could make double the macaroon mix and make 24. If you don't want 24 freeze the left-over pastry as it freezes well or make jam tarts or a pie.

Apologies from Angela for omitting the eggs in her Brownies ingredients list last month.

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Town News

Carnival 2025

The carnival this year is on the 12th July, 2025 at Glanyrafon. We have live music, Dinomania, classic cars, bouncy castles, characters, food court, stalls, football and hockey, bar, plus many other activities. The parade will commence at 12 noon from Pinged Hill. Entry is £5 per adult, free for children.

KIDWELLY SENIOR CITIZENS

A quiet meeting for May, well if 40 women getting together can be quiet!! We did sort out a couple of trips, Porthcawl for May and Brecon for June, and discussed a few for later in the year. So, time used well. We finished with 3 games of bingo. Next month will be our AGM, on 4th June, 2pm in the Rugby Club.

Royal British Legion

The next meeting will be on Thursday 5th June at 7.30pm in Kidwelly Rugby Club.

Our branch is working in partnership with Kidwelly Town Council and St. Mary's Church to celebrate the 80th Anniversary of VE and VJ Day.

There will be a Civic Service in St. Mary's on Sunday 22nd June at 2.00pm with a Remembrance Celebration Tea on the Town Square afterwards, weather permitting.

Welsh Conversation class

If you have some knowledge of Welsh and would like to improve your conversation, then do come along to the Parish Room on Monday evenings between 6.30pm-7.30pm. A warm welcome awaits you.

Sudoku May (medium) solution

6	5	2	3	1	7	8	4	9
3	9	7	2	8	4	5	6	1
4	8	1	6	9	5	3	2	7
2	6	4	1	5	3	9	7	8
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7	4	9	5	6	8	2	1	3



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Newyddion St. Teilo News

Well, we are now heading for the longest day and look forward to hopefully having a few months of good summer weather. Plants and flowers will have been planted, and the hedgerows are full and bright.

And once again we wonder at the beauty of nature, the dormant season over, new life has burst through, and we marvel and even question this.

And maybe listening to the beautiful musical sounds of our native birds who want nothing but some food to be happy, is another joy.

As Louis Armstrong sang, 'What a Wonderful World '.

Senior's Club met in May with a good attendance and the group was pleased to welcome two new members, Annette and Sheila. We reflected on VE Day which was the day after, and Dorian read a VE celebration poem which resonated with most people there. Jean Fox shared her memories of the day with us and presented a lot of thought and nostalgia. Future trips were discussed, namely a Pantomime end of May, Tenby on Friday 13th May and Mumbles on Friday 9th July, all organized by Barbara Evans and Aeres Jenkins who really put a lot of effort into the organising. There's always room for visitors so if you fancy a day out, get in touch. A game of Bingo was played, and the winner was Peggy Davies. The raffle was won by Anne Jones. Linda Walters and Anne Moon volunteered to do the refreshments in the absence of the faithful twosome Mike and Gina who were holidaying in Italy. We look forward to hearing of their lovely trip. And then we were delighted to welcome our guest speaker the Revd. Canon Bryan Witt who, captivated everyone with the most interesting talk on his life and career. We already look forward to his next visit. Diolch yn fawr.

Bryan.

Next meeting will be on Wednesday 4th June at 2.00pm.

Croeso i bawb i ddod ato ni yn y Neuadd am glonc a 'paned. All welcome.

Eisteddfod Mynyddgarreg Mis Mai eleni wedi mynd yn hwylus unwaith eto. A very successful Eisteddfod with many entries and of a high standard which pleased the Judges. Winner of the Chair-- the work of Huw Morris, Priory Street, was, a young lady from the Wyddgrug/ Mold, Nanw Maelor Hampson. The Barnwr, Lowri Lloyd was very impressed with the entry and foretells an impressive future for the young lady. Guest President of the evening was Mansel Thomas, Meinciau Road. Well done the organizers, Menter Y Mynydd on an excellent job organising the event. It is very important to keep the age-old tradition of Eisteddfodau going, especially in small communities, keeping alive



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our Welsh culture and to provide a platform for our young people to perform their special talents. Please visit our Facebook page, Menter Y Mynydd for some lovely pictures and information. We must remember how fortunate we are in having an excellent venue, the Neuadd for such occasions. Our thanks to this committee.

A diolch i bawb am y gefnogaeth eleni eto.

Neuadd Mynyddgarreg will hold their Annual General Meeting on Monday 2nd June. This is an open meeting, and a welcome goes out to everyone.

On **Sunday 6th July** they will hold a Tabletop sale starting at 2.00pm. A good chance to offload your unwanted items whilst grabbing a bargain maybe.

FLOWER ROTA

JUNESANDRA THORPE JULY JEAN PEACE JULY JEAN PEACE

READER'S ROTA

1st JUNE PEGGY DAVIES 15th JUNE NICOLA REEVE

6th JULY LISA FLANAGAN

Mini is named as best-ever British car

What is your favourite British car? Think of the Land Rover, Aston Martin, McLaren, Bentley and Rolls Royce. Then think of the Mini.

That is what a group of judges for the Auto Express did recently, and they chose the Mini.

Their verdict? “Put simply, we reckon no other British- built vehicle better represents the relevant, innovative and pioneering UK automotive industry quite like the world’s original small car.”

Phil McNamara, editor at large, Auto Express, adds: “there was only ever going to be one winner of our Top 50 Brit cars rundown. The Mini was crowned undisputed champion.”

It was in the late 1950s that the British Motor Corporation (BMC) asked car designer Alec Issigonis to come up with a sub-three-metre compact car that could accommodate a family of four. The result was the Mini, soon beloved of the public, celebrities and even (in a modified version) racing drivers.

The modern version of a Mini Cooper is nearly 90cm longer than the original, and prices starts at about £25,000.

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Newyddion Sant Maelog News

Flowers/Blodau

1-8 June Mary Jones 15-22 June Sally Rees
6-13 July Mary Atkinson

Readers/ Darllenwyr

1st June Sarah Walters 8th June Shan Rees 15th June Llinos Jones
22nd June Ffion and Hafana

Door/ Drws

1st June Sarah Walters 8th June Shan Rees 15th June Llinos Jones
22nd June Shan Rees

Easter Pre-vestry meeting - Thank you to Father Jim and everyone who helps to keep the church going over the past year. Everyone has been re-elected for the following year.

Thank you to Llinos Jones for her inspiring flower demonstration which was enjoyed by all who attended. Diolch Llinos am dy amser rydyn yn gwerthfawrogi'n fawr.

The County Yfc Rali was held on the 10th May and there was many successes for St Ishmaels YFC, and the seniors came second in the overall standings. A lot of effort goes into the Rali and the members would like to Thank everyone involved in helping with practices and the displays.

Whats on

St Maelog's Church will be holding a coffee and chat morning in the church on Tuesday 3rd June at 10.30 and Mary Atkinson will be our guest speaker and the topic is 'Riding for the disabled'. A very warm welcome to all.

A Bingo night will be at the village hall on the 20th of June to raise money for Llandyfaelog Eisteddfod.

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Llandyfaelog short Mat Bowls will be celebrating 25 years of Bowling. This is a wonderful milestone and to mark the occasion they will be hosting a special celebration on Friday the 4th of July for past and present members. For more information please contact Shan Rees 07971345245.

There will be First Aid training on the 9th of June at 7.30pm at Llandyfaelog hall. Please come along the training is free and has been arranged by Llandyfaelog community council

Father's Day - What we value most in our fathers

Father's Day is 15th June – a day to honour and appreciate our fathers and father figures, such as grandfathers and fathers-in-law. Many of us will make a special effort to see them on the day.

No two fathers are alike, of course, but various polls across the internet reveal some interesting similarities of what people have most valued in their dad.

These traits include being dependable, approachable, protective, patient, affectionate, honest, willing to listen, compassionate, and having spent time with them when they were young.

That's quite a list! People whose fathers had even some of those strengths have a lot to be thankful for.

Thankfully, our Father in Heaven certainly has all those traits. Jesus said the Father is totally dependable and protective of us, longs for us to turn to Him, and is full of compassion and love. And we are to call Him 'Abba' – Daddy!



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Parish Readings for June 2025

Red Lectionary pages in []

Sunday 1st June **7th Sunday of Easter/ Sunday after Ascension Day**

Liturgical Colour: White

Eucharist: Ezekiel 36.24-28; [p1201] Psalm 97; Acts 16.16-34; John 17.20-26 [p880]

Evening Prayer: Psalm 68 or 86.1-14,19,20; Isaiah 44.1-8; Ephesians 4.7-16

Reader: Ted Rowlands

Sunday 8th June **The Day of Pentecost** Liturgical Colour: Red

Eucharist: Genesis 11.1-9; Psalm 104.24-24, 25b or 104.24-36; Acts 2.1-21; John 14.8-17,[25-27] [p866]

No Evening Prayer

Sunday 15th June **Trinity Sunday** Liturgical Colour: White

Eucharist: Proverbs 8.1-4,22-31; Psalm 8; Romans 5.1-5; John 16.12-15 [p891]

Evening Prayer: Psalm 73.1-3,16-28; Exodus 3.1-15; John 3.1-17

Reader: Kath Nicholas

Sunday 22nd June **1st Sunday after Trinity** Liturgical Colour: Green

Eucharist: Isaiah 65.1-9; Psalm 22.19-28; Galatians 3.23-29; Luke 8.26-39 [p919]

No evening Prayer

Sunday 29th June **Peter and Paul, Apostles**

5th Sunday **9.30am in St. Mary's**

Eucharist: Zechariah 4.1-6a,10b-14; Psalm 125; Acts.12.1-11; Matthew 16.13-19 [p1102]

No Evening Prayer

Sunday 6th July **3rd Sunday after Trinity** Liturgical Colour: Green

Eucharist: Isaiah 66.10-14; Psalm 66.1-9; Galatians 6[1-6]7-16; Luke 10.1-11,16-20 [p932]

Evening Prayer: Psalm 65;[70]; Genesis 29.1-20; Mark 6.7-29

Reader Ted Rowlands



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What about Facebook after you die?

The righteous perish, and no one takes it to heart; the devout are taken away, and no one understands that the righteous are taken away to be spared from evil. Those who walk uprightly enter into peace; they find rest as they lie in death' (Isaiah 57:1-2 NIV)

What happens to our Facebook page when we die is probably the last thing on most of our minds. However, many people have an 'online presence' such as Facebook pages, Linked-in, email accounts, Instagram and all sorts of bank accounts and website pages. Who can get access to that information?

Depending on the type of account, a relative or friend might want to close it, retrieve information or images or preserve it in some way. Making a Will is an opportunity to make a clear decision about what happens to things you own, and this includes something electronic and who carries out your wishes.

According to Facebook, you can choose to either appoint a legacy contact to look after your account, or have your account permanently deleted from Facebook. If you do not choose to have your account permanently deleted, it will be memorialised if Facebook are told about the death. Memorialised accounts are a place for friends and family to gather and share memories after a person has passed away.

Google encourages people to think about these issues and they have something called an [Inactive Account Manager](#) to let them know who should have access to your information, and whether you want your account to be deleted.

They recognise that many people pass away without leaving clear instructions about how to manage their online accounts. They work with immediate family members and representatives to close the account of a deceased person where appropriate. In certain circumstances they may provide content from a deceased user's account.

The best advice is to think carefully and make choices about what happens in the event of your passing and carefully select someone you trust to do this. As ever this is a light-hearted introduction and if in any doubt get proper advice. Different companies have different policies and procedures so always check carefully.

Jason Williams Removals

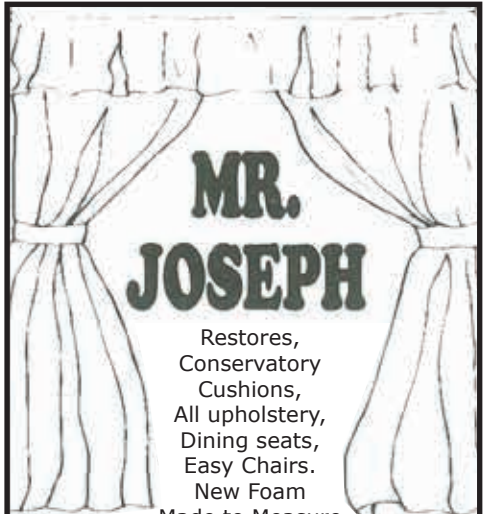
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Open Farm Sunday June 17th



Do you have any farms near to where you live? Then this month, they might just provide you with an interesting day out!

For June brings Open Farm Sunday, which can be a “fabulous opportunity for the public to discover the crucial work farmers do in producing food, nurturing nature, and protecting the environment for future generations.”

So says the website, www.farmsunday.org . And on the day, nearly 200 farms throughout the country will be welcoming the public to come and see their farms.

From Inverness to Cornwall, about 170 farms will be putting on guided tours, self-guided walking routes and static displays as part of the event. Visitors will be able to take part in a national pollinators survey. This will involve standing near a crop area for five minutes to count pollinating insects before doing a comparative count in a different habitat.

The day is organised by the group Linking Environment And Farming (LEAF).

Sudoku (Medium)

		5	9		1		8	
2		9	7					
	6			2	5			
		4						
	5		6	3	4		1	
						5		
			5	1			4	
					2	6		7
	2		4		3	9		

Remembering St. Barnabas 11th June – A likeable disciple

This month we remember St Barnabas, whose real name was Joseph, a wealthy Levite from Cyprus. However, he was better known by his nickname which means '*Son of Encouragement*' (Acts 4:36). Throughout Acts we see him encouraging others in different ways.

Barnabas was an example of *generous giving* (Acts 4:36-7), when he sold property and offered the money to the church for those in need. In the midst of an already caring and sharing community, he was singled out as a symbol of generosity. Are we known as somebody who is generous to those in need around us?

Barnabas later *encouraged a new Christian* in the person of Paul (Acts 9:27). After Paul's conversion and knowing his reputation, Barnabas came alongside him and brought him into the fellowship of the church. Are we ready to help those who are new in the faith to find a place in our church?

Finally, Barnabas was sent to the church in Antioch where he '*saw the evidence of the grace of God*' (Acts 11:23). It was a church which brought Jewish and Gentile believers together for the first time. Like Barnabas, do we rejoice when we see God doing new things in people's lives? Are we also willing to embrace these things and facilitate change?

Encouragement is one of the spiritual gifts in the New Testament (Romans 12:8). It can be greatly undervalued but still is crucial in growing the church. Like Barnabas, will we nurture gifting; strengthen the doubters and those tempted to give up; show generosity to God's people and beyond the church; alongside strengthening people to move beyond their own comfort zones to help those in need?

Let's be prepared to ask the following questions: '*Are there people alongside us who will encourage us?*' and '*How can we be encouragers to others?*'

The Nicene Creed – Who is God?

Canon Paul Hardingham considers a bedrock of our Christian belief: that God is Trinity.

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.'

2025 sees the 1700th anniversary of the Nicene Creed. We use it at Communion services, but how much notice do we take of the words? In this new series we are looking at what it means to believe in God as Trinity.

We believe: In Greek, the Creed begins '*we believe*' (in Latin, '*I believe.*'). It was formulated at the time of Arius, who declared that Jesus was the first and greatest of God's creatures, but not the same as God the Father. His teaching proved so damaging that the Emperor Constantine called an ecumenical council in Nicaea (AD 325) to clarify the core beliefs for all Christians.

in one God: We believe in a God who is both one and Trinity: '*Hear, O Israel: the Lord our God, the Lord is one*' (Deuteronomy 6:4). He is the Old Testament God, who we know through the life and work of Jesus and the Holy Spirit. We are to worship Him alone and not people or things.

the Father, the Almighty: God is both the almighty Creator and loving Father: '*Our Father in heaven, hallowed be Your name*' (Matt 6:9). Although the Father of all that exists, He is specifically Father to those who His children through their faith in Jesus.

maker of heaven and earth: God comes before anything that was created, and Creation is His alone: '*In the beginning God created the heavens and the earth. Now the earth was formless and empty*' (Genesis 1:1,2). The implication is that He created '*ex nihilo*' ie out of nothing. He is one God who is unchangeable, lacking in nothing and the source of all that exists.

of all that is, seen and unseen: God did not just create the physical universe, but also the spiritual powers: '*For in Him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through Him and for Him.*' (Colossians 1:16). Reality is more than what we can see, smell, taste, touch or measure.

The Creed establishes the 'big picture' of who God is and challenges our commitment to Him. *How do these opening words of the Nicene Creed speak to us today?*

May monthly gardening checklists

Flowers

- Prune spring shrubs, such as forsythia and chaenomeles, after flowering to keep them compact
- Plant out dahlia tubers and cannas after all risk of frost has passed
- Tie in the new shoots of climbing plants, including clematis, wisteria and honeysuckle, to their supports
- Continue sowing annuals, such as California poppies, into gaps in borders for colour from August into autumn
- Plant up hanging baskets, but keep in a greenhouse or porch for a few weeks to establish, before putting outside
- Apply liquid feed to tulips, daffodils and other spring bulbs to encourage a good display next year
- Plant out summer bedding and tender annuals, including sunflowers, cosmos and nasturtiums, after the last frost
- Remove faded spring bedding, such as wallflowers and forget-me-nots, and add to your compost bin
- Check lilies and fritillaries for scarlet lily beetles and their larvae, as they can rapidly strip plants of all foliage
- Harden off tender plants raised indoors, but bring them back in at night to protect from late frosts
- Pinch out the shoot tips of bedding plants and young annuals, such as fuchsias, to encourage bushier growth
- Add interest to shady borders by planting a selection of hostas and ferns

Fruit and veg

- Earth up potatoes, covering the shoots with soil as they appear
- Sow sweetcorn in deep pots, so the young plants are ready to transplant into the garden in June
- Reduce snail populations by going on regular evening hunts, especially during damp weather
- Start sowing dwarf and climbing French beans, as well as runner beans, directly outdoors in warm weather
- Pick rhubarb stems as they develop, and water plants with liquid feed
- Start hardening off tender young plants, such as tomatoes and courgettes, ready for planting out in mild areas
- Sow batches of salad leaves and stir-fry crops every few weeks to provide continuous pickings
- Hang pheromone traps in apple and plum trees from May to July, to control pests
- Thin out seedlings, like carrots, from earlier sowings to ensure you get healthy, strong-growing plants
- Open fruit cage doors or lift some of the netting to ensure pollinating insects can get access to the flowers
- Remove all strawberry runners, so plants put their full energy into fruiting
- Keep plenty of fleece handy to protect young seedlings or fruit blossom, if late frosts are forecast

Some Useful Phone Numbers

Churches & Chapels

Capel y Morfa: Mr. Gwyndaf Jones
01554 753868

Our Lady and St. Cadog:-
01554 832520

Trinity Methodist: Mr. Peter Burt
01554 890 605

Health

Kidwelly Health Visitor 01554 890560

Minafon Surgery 01554 890234

Chemist 01554 890279

West Wales General Hospital,
Carmarthen 01267 235151

Prince Philip Hospital, Llanelli
01554 756567

Local Authority

Kidwelly Town Council 01554 890203

Llandyfaelog Community Council
01267 267647

Carmarthenshire County Council
01267 234567

Halls

Princess Gwenllian Centre, Kidwelly
01554 891801

Llandyfaelog Welfare Hall
Arfon Davies

llandyfaelog@btinternet.com

Mynydd-y-Garreg Welfare Hall:
Andrea Gower 01554 890670

Schools

Ysgol-y-Castell 01554 890762

Ysgol Gwenllian 01554 890523

Ysgol Mynydd-y-Garreg 01554 810670

Glan-y-Mor Comprehensive School,
Burry Port 01554 832507

Youth

1st Kidwelly Brownies, Guides, Rangers

Josie Wells 07876340377

Jennie Collins 07534212314

1st Kidwelly Scouts - Shan Cheesman
01267 267620 or 07790117904

Youth Council – Jeanette Gilasbey
01554 892729

Senior Citizens

Llandyfaelog Senior Citizen Association

Mrs. Maureen Howells 0127 223768

Mynydd-y-Garreg Senior Citizens Jean
Fox 01554 891344

Kidwelly Senior Citizens Association:

Mrs. Bobbie Hope, 01554 890520

Kidwelly Welfare Committee: Mrs.
Helene Cresser 01554 890550

Other Organisations

Country Cars: Mrs. E. Nicholson
01554 890188

Kidwelly Local History Society: Mr.
Malcolm MacDonald 891090

Police: 0845 3302000

Mothers' Union: Brenda Evans
07796430991

Royal British Legion: Trevor Eliot
07807710699

Ty Golau: Janet Lewis 01554 890896

WI President: Nannette Jones 01554
890206

St. Mary's Kidwelly

June 1st **Easter 7/Sunday after Ascension Day**
 9.30am Choral Eucharist
 6.00pm Evening Prayer

June 8th **The Day of Pentecost/Whitsunday**
 9.30am Choral Eucharist
 11.00am Cymun Bendigaidd
 2.00pm Civic Service

June 11th
 2.00pm MU in the Parish Room

15th June **Trinity Sunday**
 9.30am Choral Eucharist
 6.00pm Evening Prayer

22nd June 1st Sunday after Trinity
 9.30am Family Eucharist
 2.00pm VE/VJ Service

29th June 2nd Peter and Paul, Apostles 5th Sunday
 9.30am United Eucharist
 followed with Coffee and Cake

6th July 3rd Sunday after Trinity
 9.30am Choral Eucharist
 6.00pm Evening Prayer

Wednesdays at 9.30am in the
 Lady Chapel
 Holy Eucharist with prayers for healing

Services

June 2025

St Maelog's, Llandyfaelog

1st June **Easter 7/ Sunday after Ascension Day**
 11.15am Bilingual Mattins
June 8th **The Day of Pentecost/Whitsunday**
 11.15am Bilingual Eucharist
15th June **Trinity Sunday**
 11.15am Bilingual Eucharist
22nd June 1st Sunday after Trinity
 11.15am Bilingual Family Eucharist
29th June 2nd Peter and Paul, Apostles
9.30am United Service in St. Mary's, Kidwelly

6th July 3rd Sunday after Trinity
 11.15am Bilingual Mattins

St Teilo's, Mynyddgarreg
1st June **Easter 7/Sunday after Ascension Day**
 11.5am Bilingual Eucharist

15th June **Trinity Sunday**
 11.15am Bilingual Eucharist

29th June – 5th Sunday in St. Mary's at 9.30am

6th July 3rd Sunday after Trinity
 11.15am Bilingual Eucharist