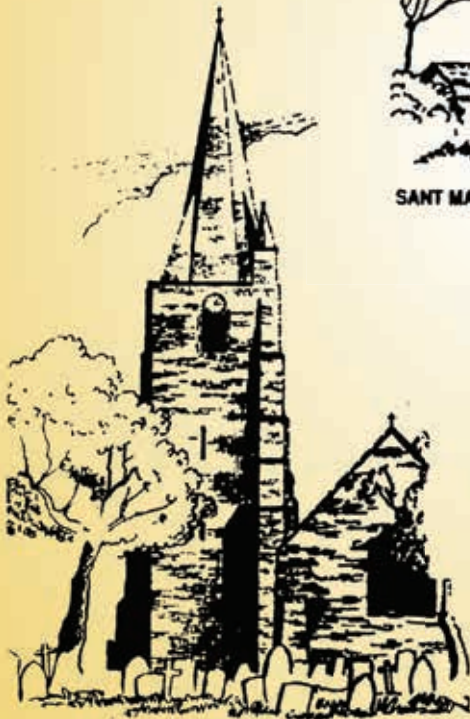


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Parish Magazine



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["SAN" TEILO MYNYDDYGARREG-ST. TEILO'S MYNYDDYGARREG

May 2025

# WHO'S WHO

Priest-in-Charge: Father Jim Flanagan

The Vicarage, Castle Court Craylands Park

Kidwelly Carmarthenshire SA17 5EF

Tel: 01554 897091 Email: [frjimflanagan@gmail.com](mailto:frjimflanagan@gmail.com)

## ST MARY'S KIDWELLY

### Vicar's Wardens

Raymond Williams

01267 236034

### People's Warden

Gareth Harries

01554 890 975

### Sacristan

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01554 891512

### Minute Secretary

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01267 267751

### Treasurer

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### Organist

Ceris Harries

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01554 890441

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## Pastoral Letter

Dear Friends,  
He is Risen.

That glorious proclamation that we hear on the morning of Easter Sunday for the first time brings a sense of hope, joy and celebration to our minds.

The Christian year is cyclical, the same festivals, celebrations and seasons follow each other with only minor differences from year to year. Some festivals and celebrations have appeared in the calendar more recently, some are as old as the church itself. There are a few that have their origins in the early days of the church and disappeared for centuries and have only reappeared in the last few decades.

This goes a small way to show the constantly evolving nature of the church, both locally and across the land. We so often fail to notice these changes and developments as it so often seems that things plod along from one year to the next in a very similar way and there is a great comfort in this. Change is so often seen as a dirty word and yet we as a society has changed at a pace so unbelievably rapid. In a previous parish, I found myself on the receiving end of a wrathful tirade from a couple of parishioners who were incandescent with rage about a remodelling project that would have seen such dangerously modern introductions to a 'Historic' church as a toilet and access ramp, better lighting and the conversion of a vestry into a parish room with a kitchen. The fact that the church was hardly historic, it had been completely rebuilt from the ground up in the early 20<sup>th</sup> century and the introductions would have been incredibly beneficial to all concerned had escaped them. The following Sunday, I asked the congregation a few rhetorical questions during the sermon. "Did anyone come here this morning on Horseback?" There was silence. "Does anyone still wash their clothes on a flat stone on the banks of the local river?" More silence. I resisted the temptation to ask if anyone still lived in a mud hut. We are happy to embrace change when and how it suits us.

As you are probably aware the diocese is currently going through a program called "Pruning for growth". It is a long over due survey and assessment as to where we are as a church and where we are possibly going. It is looking at everything, from attendance, community engagement, finances, condition of our buildings and the list goes on. It has been seen by many as a plan to close churches, it is far from this, although it must be acknowledged that this program will identify the church with a congregation of 2, the roof falling in and no money and in cases such as this there is a need to seriously consider what might be done. Over the centuries the church has dealt with bigger issues than these and has come out stronger and better equipped to serve both Christ and the local

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community. We may be steeped in tradition, but historically we have adapted and changed as the need arises. We will continue to do so, but we must remember that our prime purpose is the mission of God and anything that helps us do this can only be a good thing. We will never move on unless we know where we are now.

But what is absolutely certain is that the cry of “He is risen” will continue into the centuries of the future as it has echoed down the centuries of the past.

Christ Has Risen, we are his beloved children, all called to serve Him and our neighbours. This will not ever change. Our risen Lord will guide us, guard us, protect us and provide for us for all eternity.

He is risen indeed – Alleluia

Blessings

Fr. Jim

### **St. Mary's News**

**100 Club** -Winners for April 48, 1 ,9.

May draw will take place on Wednesday 7<sup>th</sup> following the 9.30am service.

<b>Flower List</b>	<b>Altar Flowers</b>
4 <sup>th</sup> /11 <sup>th</sup> May	Jeanette Gilasbey
18 <sup>th</sup> /25 <sup>th</sup> May	Lynne Davies
1 <sup>st</sup> /8 <sup>th</sup> June	Mary Atkinson

### **Website**

Details of all our three churches' events, services and magazine can be looked at on the new website. [www.stmaryskidwelly.org.uk](http://www.stmaryskidwelly.org.uk) Donations can now be made there as well.

### **Adverts - Disclaimer**

Whilst every effort has been made to make sure the accuracy of the content of the advertisements contained in this magazine, St Mary's Church Committee cannot accept any liability for errors or omissions contained in any of the advertisements provided by an advertiser. St Mary's Church Committee does not accept any liability for any information or claims made by the advertisement or by the advertisers. Any advertising contained in this magazine should not be taken as an endorsement by St Mary's Church Committee



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## St. Mary's Readers and Sidespeople for 9.30am

### Readers

May

4th Brenda Evans

11th Mary Atkinson Cymraeg Anna Brown

18th Kath Nicholas

25th Deirdre Horsler

### Sidespersons

Mandy and Lynne

Maureen and Angela

Kath and Alec

Deirdre

June

1st Edwin Atkinson

Heather and Ken

**Wednesday readers** for St. Mary's 9.30am service -readings as Sundays unless stated otherwise.

07/05/25 Deirdre Horsler 14/05/25 Maureen James

21/05/25 Nevin Davies 28/05/25 Kath Nicholas 04/06/25 Brenda Evans

### Floodlights

*We thank all our sponsors*

02/05/25 Er cof am wraig a mam annwyl sef Monica, ar dy wyth degfed benblwydd.. Colli ti bob dydd. Cariad leuan ar plant. Xx.

03/05/25 Loving birthday memories of my dear Dad, Sid Cray, miss you every day. Love always, Avril xx

05/05/25 Birthday memories of Lyn, loving husband, father, grandfather and great-grandfather. From Carol and family

11/05/25 In memory of a loving and devoted cousin, Janice Rowlands, on the 21<sup>st</sup> anniversary of her death. Greatly missed, leuan. X.

13/05/2025 In loving memory of my dear wife, Anne, on the 12<sup>th</sup> anniversary of her passing. Love always, Martyn x

18/05/25 In loving memory of Derrick Kilvert, a dear brother, brother-in-law and uncle on the anniversary of his passing. Brian, Jean, Richard and Jonathan.

20/05/25 Cherished and loving memories of Eric Gwynfor, beloved Dad, Grandad and Great-grandad, from loving daughter, Gwyneth, Alan and families.

29/05/25 Penblwydd Hapus i fy merch Juliette. Penblwydd pum deg a phump hapus.. Cariad mawr, Dad. Xx.

Send any floodlighting requests to Brenda, [evans.d29@sky.com](mailto:evans.d29@sky.com)

Please send any items for the magazine no later than 16<sup>th</sup> May 2025 for the June issue.

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## **Flower Arranging**

## **Flower Festival**

**15<sup>th</sup> – 17<sup>th</sup> August 2025**

We are in the process of planning the Flower Festival which will be held over the weekend of our Patronal Festival in August.

The theme will be Harmony in Hymns

If you would like to help with funding this event there are a couple of ways to do this: Be a sponsor or sign up to give a donation for a dried flower arrangement pew end.

Lists will be at the back of church in due course.

However, this month we meet on Thursday 8<sup>th</sup> May at 7.00pm in the Parish room. We will be thinking about our plans for August and our usual practical session will be to will make arrangements using only foliage.

## **Cydweli Twinning Association**

Cydweli Twinning Association is delighted to be working with St Mary's to bring you a French Film Night on Thursday May 1st at the church. We aren't at liberty to divulge the film title but it is one of the most popular French films ever made. It is set on a farm in the beautiful Provence region of France in the 1920s.

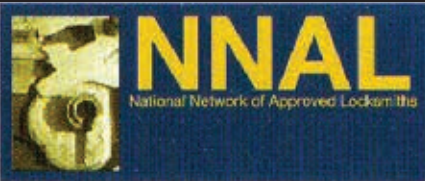
Don't worry if you don't understand French as the film is subtitled in English. Doors will open at 7pm with the film starting at 7.30pm. Suggested donation per adult is £5 - takings will go towards the upkeep of the church. Homemade refreshments will be on sale at the interval. Please come along.

## **Parish Room**

### **Plant Dewi**

Mae Canolfan Deuluol Porth Tywyn sy'n rhan o Blant Dewi yn dychwelyd i ystafell y Plwyf, bore lau rhwng 9:30 a 11:30 i gynnal sesiwn Aros a Chwarae gymunedol. Mae'r sesiwn yn rhad ac am ddim i deuluoedd gyda phlant 0 - 11 oed, cyfle i blant a rhieni/gwarcheidwaid ddod at ei gilydd, cymysgu, chwarae, dysgu sgiliau newydd ac yn bwysicach, cael sgwrs dros banded.

Canolfan Deuluol Burry Port Family Centre part of Plant Dewi has returned to the Parish room, Thursday mornings from 9:30 – 11:30 to deliver a community Stay and Play session. The session is free to families with children ages 0 -11 years, an opportunity for children and parents/guardians to come together, mingle, play, learn new skills and more importantly have a conversation over a cuppa.



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## **1st Kidwelly Brownies, Guides and Rangers!**

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Rangers : aged 14-18 yrs old

We meet every week during term time, to enjoy activities and games.

If you would like to join us, or contact for further information, please contact:

Jenny Collins - 07534 212314

Josie - 07876340377

To register interest for a place with us, please go to: [www.girlguiding.org.uk](http://www.girlguiding.org.uk)

## **Lou Lou's Kidwelly Repair Café**

The Repair Café will meet in the Parish Room on the 3<sup>rd</sup> Saturday of the month going forward.

## **29<sup>th</sup> May Ascension Day: 40 days with the Risen Christ**

40 days after Easter comes Ascension Day. These are the 40 days during which the Risen Christ appeared again and again to His disciples, following His death and resurrection. (*Matthew 28; Mark 16; Luke 24; and John 20.*)

The Gospels give us little of Christ's teachings and deeds during those 40 days. Jesus was seen by many of His disciples: on the road to Emmaus, by the Sea of Galilee, in houses, etc. He strengthened and encouraged His disciples, and at last opened their eyes to all that the Scriptures had promised about the Messiah. Jesus also told them that as the Father had sent Him, He was now going to send them – to all corners of the earth, as His witnesses.

Surely the most tender, moving 'farewell' in history took place on Ascension Day. Luke records the story with great poignancy: "When Jesus had led them out to the vicinity of Bethany, He lifted up His hands – and blessed them."

As Christmas began the story of Jesus' life on earth, so Ascension Day completes it, with His return to His Father in heaven. Jesus' last act on earth was to bless His disciples. He and they had a bond as close as could be: they had just lived through three tumultuous years of public ministry and miracles – persecution and death – and resurrection! Just as we part from our nearest and dearest by still looking at them with love and memories in our eyes, so exactly did Jesus: 'While He was blessing them, He left them and was taken up into heaven.' (Luke 24:50-1) He was not forsaking them, but merely going on ahead to a kingdom which would also be theirs one day: 'I am ascending to my Father and to your Father, to my God and your God...' (John 20:17)

The disciples were surely the most favoured folk in history. Imagine being one of the last few people on earth to be face to face with Jesus, and have Him look

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on you with love. No wonder then that Luke goes on: ‘they worshipped Him – and returned to Jerusalem with great joy. And they stayed continually at the temple, praising God.’ (Luke 24:52,53)

No wonder they praised God! They knew they would see Jesus again one day! ‘I am going to prepare a place for you... I will come back and take you to be with me that you also may be where I am.’ (John 14:2,3) In the meantime, Jesus had work for them to do: to take the Gospel to every nation on earth.

We will celebrate Ascension Day in St. Mary’s at the 9.30am Eucharist on Wednesday 28<sup>th</sup> May.

### Message from the Bishop’s Office

<b>Gwyl Flodau</b> 21 - 26.04.2025	<b>Flower Festival</b> 21 - 26.04.2025
<b>Prynhawn o Gerddoriaeth yng Ngardd yr Esgob</b> Dydd Sadwrn, 3ydd o Fai am 2.00pm	<b>An Afternoon of Music in the Bishop’s Garden</b> Saturday 3 <sup>rd</sup> May 2025 at 2pm
<b>Taith Gerdded Noddedig Plant Dewi</b> Dydd Sadwrn, 24ydd o Fai	<b>Plant Dewi Sponsored Walk</b> Saturday 24 <sup>th</sup> May 2025
Some of the Plant Dewi staff and trustees amongst others (around 14 in total) are undertaking a sponsored walk of 26 miles to raise money for Plant Dewi. We will be walking from Walton East to St Davids Cathedral. If you wish to support please note their Local Giving page – <a href="#">Taith Gerdded Noddedig Plant Dewi Sponsored Walk 2025   Localgiving</a>	

### Christian Aid Week 11<sup>th</sup>-17<sup>th</sup> May

Christian Aid Week is the perfect time for your church to come together in celebration and reflection.

Pray this Christian Aid Week that famers facing hunger and hardship can access vital resources to protect their families, feed their communities and fight back against the effects of the climate crisis.

**A prayer for Christian Aid Week 2025** Lord, you are faithful to your promises. Through the Spirit, you bless us with abounding hope. When power seeks to silence justice, give us the courage to raise our voice. When an end to poverty seems far off, renew our faith in your kingdom come on earth. When our neighbour reaches out, inspire us to respond with overflowing love. In Jesus’ name, Amen.



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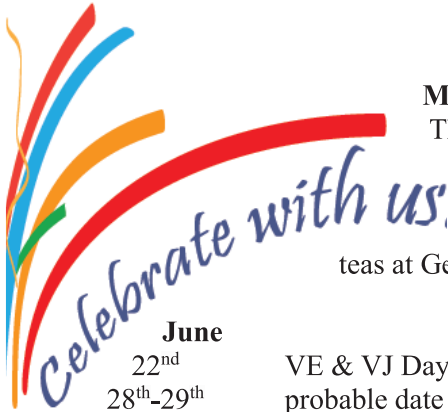
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## Dates for 2025

### What's on in our churches this year.



#### May

Thursday 1<sup>st</sup> May 7.30pm Film Night in partnership with Twinning Association

Saturday 24 May Garden open with teas at Gellideg

#### June

22<sup>nd</sup> VE & VJ Day commemoration service in St. Mary's  
28<sup>th</sup>-29<sup>th</sup> probable date for Pilgrimage

#### July

11<sup>th</sup> Concert by Zirenz and friends

19<sup>th</sup> Mystery Trip

#### August

15<sup>th</sup>-17<sup>th</sup> St. Mary's Patronal Festival to include Flower Festival

#### September

14<sup>th</sup> Llandyfaelog Show – details to follow

20<sup>th</sup> Concert by Cor Meibion De Cymru

#### October

Harvest Festivals to include Suppers and Lunch @ St. Mary's

#### November

2<sup>nd</sup> Feast of St. Maelog (to be confirmed)

9<sup>th</sup> Remembrance Sunday


28<sup>th</sup> Christmas by Candlelight – Zirenz and friends.



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# Mothers' UNION

Christian care for families

This month we have our Annual Lunch at the Red Lion, Llandyfaelog on Wednesday 14<sup>th</sup> May at 12.30 for 1.00pm. Please sign up on the list at the back of church if you would like to join us.

Our fund raiser for the Diocesan Away From It All fund in April wasn't well attended, but we did raise £165.00 despite this. Thanks to those who gave us donations, it was much appreciated. We decided to hold the raffle over until the lunch in May so there will be more money to add to the fund.

We are undertaking a new project this spring, making Twiddlemuffs for the residential homes and Beanie hats for Seafarers. If you would like to help and need a pattern, let us know.

We offer our condolences to the family of one of our former members, Mrs. Marion Eckley, who we heard passed away suddenly in Holy Week.



## Royal Patron

Mothers' Union has had the privilege of enjoying royal patronage since its foundation in 1876, and we are delighted, as we approach our 150<sup>th</sup> Anniversary in 2026, that Her Royal Highness, The Duchess of Edinburgh, has

accepted the invitation to continue this tradition.



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"We are honoured that Her Royal Highness has chosen to join us as patron," says **Mothers' Union Worldwide President, Kathleen Snow**. "The Duchess will bring strength and inspiration for the work we all do. We are especially grateful for Her Royal Highness's experience and commitment to championing the most marginalised, particularly those who are impacted by violence and abuse in conflict, a cause we are passionate about, because conflict disproportionately affects women and children. As a woman-led movement, we also greatly welcome The Duchess's commitment to promoting the development of women into leadership."

Her Royal Highness paid a visit to a Mothers' Union Project, *English for Women*, in the Diocese of Chelmsford. The project aims to reduce loneliness of those in local communities who experience language barriers in their everyday lives, many of whom are fleeing conflict or challenging situations. It provides safe and welcoming spaces where learners can make friends and build support networks. Judy Halls, a longtime Mothers' Union member and volunteer session leader with *English for Women*, values its network of supportive women. "The Mothers' Union was created when women lacked equality, confidence, and opportunities. We've stayed true to those principles, which is why *English for Women* aligns so closely with our values. Often the women will start off hesitant, but over time they grow in confidence. Our greatest success is when, after attending the sessions, they have the skills and knowledge to thrive in the UK. That's something Mothers' Union founder Mary Sumner would be proud of, just as we are today."

The *English for Women* project links closely with The Duchess of Edinburgh's support of the Women, Peace and Security (WPS) agenda, a United Nations initiative which recognises not only the impact of conflict on women and girls, but also the positive role women play in conflict resolution and building peace.

### **Kathleen Snow, new World Wide President commissioned**

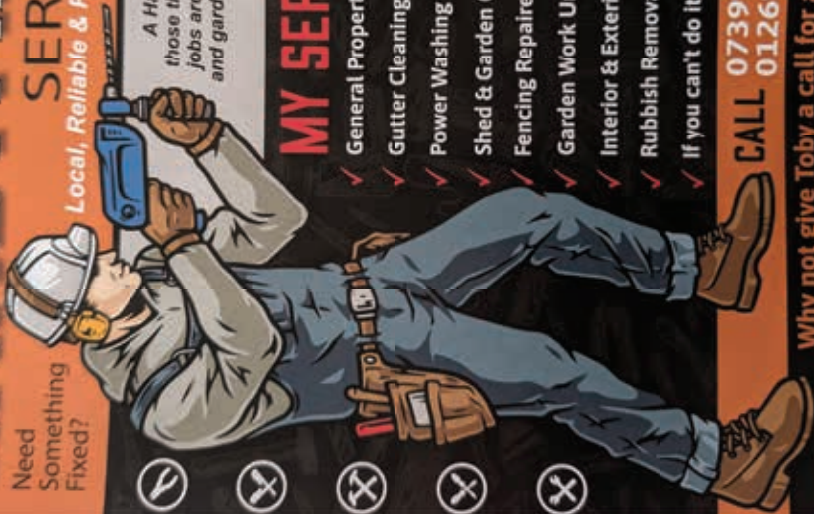
Alongside Kathleen, the new Worldwide Board of Trustees was also commissioned. Representing the diversity and strength of our 4 million members in over 84 countries, the board includes:

Joy Hla Gyaw, L. Judith Spencer-Jarrett, Dorothy G. Siep, Mercy Wanjiru, Maria Van Staden, Estelle Dibojulia, Julia Jamieson, Deb Lee, Elizabeth June Butler, Ann Wren, Lowrie Washington Jones, Mathile Nkwirikiye, Liz Gailor.

With a new Worldwide President, a committed board, and a renewed focus, we are set to continue our mission of faith-driven transformation, strengthening families and communities around the world, and working towards ending poverty, injustice and violence.

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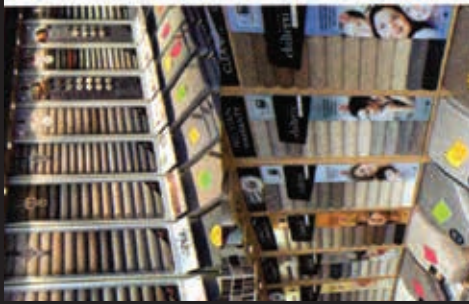
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## Your Favourite Recipe

Church Committee member, Angela Tonge shares her recipe this month.



### Ingredients

185g plain chocolate (high content of chocolate works best)

185g unsalted butter

275g caster sugar

85g plain flour

40g cocoa powder

### Method

Pre heat oven to Gas 4/180C/350F

Line a 20cm square deep tin (approximately 5cm deep) with baking parchment paper

Melt the chocolate and butter gently and leave to cool.

In a clean bowl whisk the eggs and sugar together,

add the cooled chocolate mixture and fold gently,

sift the flour and cocoa powder into the mixture and fold gently.

Pour the mixture into the prepared tin and bake for 25 minutes.

When the brownies are shiny on top and pulling away from the sides the brownies are ready.

Leave to cool in the tin before removing and cut into whatever size portions you desire 😊

I have chosen this recipe as it's quick and easy to make, the brownies are are gooey and delicious, I don't like cake, but I do really enjoy these.

They are lovely with a cuppa or make a lovely dessert with raspberries and fresh cream or whatever takes your fancy.

Happy baking 😊



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## Town News

### Carnival 2025

The carnival this year is on the 12<sup>th</sup> July, 2025 at Glanyrafon. We have live music, Dinomania, classic cars, bouncy castles, characters, food court, stalls, football and hockey, bar, plus many other activities. The parade will commence at 12 noon from Pinged Hill. Entry is £5 per adult, free for children.

### KIDWELLY SENIOR CITIZENS

Sorry to say that I missed an entry into last month's magazine. So, I hope you have all enjoyed a very Happy Easter. In our March meeting we had our St. David's Day Lunch, which was again a delectable feast and thoroughly enjoyed by all. Thank you to Alison & Cheryl for doing the catering. Gina, who had celebrated her 90<sup>th</sup> birthday the day before, kindly brought in cake for us all to enjoy. Thank you, Gina. In April, we were pleased to have Bobbie with us, after she'd had a new hip in March. She thanked everyone for the cards and calls she had received, and was now, thankfully pain free: walking, before she starts running next month! We enjoyed hot cross buns, and we had a competition for an Easter Bunny, any medium. The Easter egg prize was won by Maureen, who had knitted a very fetching rabbit in a Welsh Costume, eating cheese on toast. She had named it 'Welsh Rarebit'. Very well done Maureen. 2<sup>nd</sup> was Diane with a lovely cardboard house with bunnies and eggs, and 3<sup>rd</sup> was Bobbie with a nice painting. Thank you to all who took part. Our first trip of the year was organised for the 21<sup>st</sup> May. The options were Porthcawl or Aberaeron and members voted for Porthcawl. **DATE NOW CHANGED TO 11<sup>TH</sup> JUNE** to go to **Brecon**, with the option of going on a canal trip. Let Jackie know if you are interested as canal has to be pre booked. There was also a trip to **St Fagans** mentioned for June, **NOW 23<sup>RD</sup> JULY**. This will depend on numbers. We were sorry to hear that Sarah had left the Rugby Club, and we want to thank her for all the help she gave us while she was there.

The next meeting will be on 7<sup>th</sup> May, 2pm at the Rugby Club.

80 years since VE Day, let's have a sing song and wave some red, white & Blue.

### Welsh Conversation class

If you have some knowledge of Welsh and would like to improve your conversation, then do come along to the Parish Room on Monday evenings between 6.30pm-7.30pm. A warm welcome awaits you.

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## **Royal British Legion**

The next meeting will be on Thursday 1<sup>st</sup> May at 7.30pm in Kidwelly Rugby Club.

Our branch is working in partnership with Kidwelly Town Council and St. Mary's Church to celebrate the 80<sup>th</sup> Anniversary of VE and VJ Day.

There will be a Civic Service in St. Mary's on Sunday 22<sup>nd</sup> June at 2.00pm with a Remembrance Celebration Tea on the Town Square afterwards, weather permitting.

We are looking for local memories from anyone who can remember celebrating all those years ago. Please contact Kidwelly Town Council office if you have anything to share.

## **Remembering VE Day – 80 years on**

80 years ago, on 8<sup>th</sup> May 1945, VE Day took place – marking Victory in Europe at the end of World War 2. It was celebrated as a public holiday, and came exactly a week after German radio announced the death in action of Adolf Hitler.

In reality, Hitler had committed suicide on 30<sup>th</sup> April. His successor, Grand Admiral Karl Dönitz, quickly negotiated an end to the war with the Allies – at the same time trying with some success to prevent as many Germans as possible from falling into Soviet hands.

Field Marshal Montgomery accepted the unconditional surrender of German forces in the Netherlands, north-west Germany and Denmark at a ceremony near Hamburg on 4<sup>th</sup> May. All German forces then surrendered to Supreme Allied Commander General Eisenhower on 7<sup>th</sup> May at Reims, France. Soviet leader Josef Stalin had his own ceremony, in Berlin.

The announcement that the war had ended in Europe was broadcast to the British people by the BBC late on 7<sup>th</sup> May. It was decreed that there would be a national holiday the next day, and the stage was set for huge celebrations. Prime Minister Churchill had been assured that there was enough beer in the capital, and commemorative items, including VE Day mugs, were quickly produced.

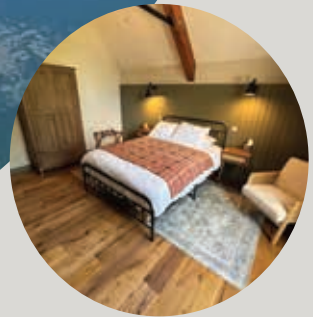
St Paul's Cathedral held ten consecutive services giving thanks for peace, each one attended by thousands of people, and churches throughout the country rang their bells. The Royal Family played a central role, appearing eight times on the balcony of Buckingham Palace while huge numbers of people flocked down The Mall.

In the United States, VE Day coincided with President Harry S Truman's 61st birthday: he dedicated the victory to the memory of his predecessor, Franklin D Roosevelt, who had died of a stroke less than a month earlier. But both Truman



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and Churchill pointed out that the war against Japan had not yet been won. That final victory was still more than three months away.

Of course, the end of a war could never be neat. In Europe the last known shots on the Eastern Front were fired on 11<sup>th</sup> May, and on 25<sup>th</sup> May the battle of Odžak ended in a Yugoslav Partisan victory. Tragically, in French Algeria, Muslims celebrating the end of the war (some also peacefully protesting for independence) were “inexcusably” massacred by colonial authorities and militias – leading eventually to the Algerian War nine years later. *Tim Lenton*

### All in the month of May

150 years ago, on 1<sup>st</sup> May 1875 Alexandra Palace in London was officially opened. It became the home of BBC television in 1935.

125 years ago, on 17<sup>th</sup> May 1900 during the Second Boer War, the 217-day Siege of Mafeking was relieved by 2000 British forces and South African volunteers. Colonel Robert Baden-Powell, who led the forces defending Mafeking during the siege, became a national hero, and later founded the Scouting movement.

10 years ago, on 22<sup>nd</sup> May 2015, the Republic of Ireland became the first country to hold a referendum on whether same-sex marriage should be legalised. It voted to approve, and same-sex marriage became legal in Ireland from that November.

### Sudoku May (medium)

			1	7				
3			2	8				1
4						3		
2						9	7	
			9		6			
	7	5						6
		8						4
1				2	9			5
			5	6				



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## Ty Golau

### April 2025

Our St David's Day celebrations took place a bit later than usual this year but, when we did celebrate, we did it with our usual passion! All our songs were of Welsh origin and were sung *after* the Welsh cakes had been eaten – reduces the danger of flying crumbs (not a pleasant sight or experience!).

We were joined by the choir from Ysgol Gwennlian who, later that week, would be performing in the local eisteddfod. If their performance at Ty Golau was an indication of their time at the eisteddfod, they will have wiped the board! And it wasn't just the choir as a whole who impressed the audience; a number of the children sang in duets or trios, and showed why Wales is known as the Land of Song. We heard later that the school had been very successful and will be

competing again later this year in the regional competition.



As usual, everyone was encouraged to dress up in something that reflects St David's Day. Jan, our

manager, was dressed as a Welsh lady, and Wil, one of our volunteers, dressed as a Welsh gentleman. Others wore rugby shirts, Welsh hats or just a simple daffodil – all things that indicate their links to the Land of their Fathers. Burns' staff had also dressed the room for us with the Welsh flag and Welsh bunting hanging from the ceiling.

Then, just a week later, it was time to mark St Patrick's Day. Following the same pattern we adopted for St David's Day, we dressed up in clothes to reflect the Irishness of the occasion. This time, Jan wore a new costume to reflect Ireland, whilst Michelle was dressed as a leprechaun – well, she's got the legs for it! A lot of the group present that day who didn't have anything particularly

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Irish to wear, just came in something green. The room looked like a valley of fields, each a different shade of the main colour. As is our wont on saints' days, all the songs we sang were Irish in origin and were performed with the same vigour and passion as the songs had been sung the week before for Wales.

### **12<sup>th</sup>-18<sup>th</sup> May – Mental Health Awareness Week**

In May we observe Mental Health Week, at a time when sadly many of us, as a nation, are struggling. Roughly one in four of us now experience a mental health problem every year.

According to the Health Foundation, for young people aged 10–24 a staggering 45% are experiencing mental health disorders.

While the medical profession is helping with medication and medical care, many Christians are also deeply concerned.

As one theologian, Professor John Swinton, has said: “Mental-health professions play a significant part in the healing process for people. Most people, however, are not acutely unwell... they live in ordinary communities, and work out their lives amid family, friends, society and church. It is there that the Church can offer important gifts and insights.

“The central intention of the Gospels is to enable people to come to know God, and to live with God for ever. Within this perspective, mental health is not the absence of symptoms or distress, it is assurance of the presence of a loving God who cares.”

There is plenty of emotional and mental pain in the Bible: just read the Psalms of lament, which express sorrow and desolation. (They include Psalms 3, 6, 13, 22, 28, 42, 44, 56, 57, 71, 77, 86, 88, 102, 120, 130, 137, 142.) Here you will find desolation and sorrow – but also hope and assurance that at the end of all things, God is still there for those who turn to Him.

The Bible assures us that God will “never leave you or forsake you” (Hebrews 13:5). As Jesus told His followers: “I will not leave you as orphans, I will come to you” (John 14:18)

The Bible reminds us that we should not be surprised by deeply painful times in our lives, as these are not outside the experiences of people who know God. However, it assures us that He will draw close to us (James 4:8) and that “in all things God works for the good of those who love Him.” (Romans 8:28).

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## **Newyddion St. Teilo News**

Easter is behind us, the most significant time in the Christian Calendar when we celebrated the Resurrection of Jesus and were given hope of eternal life. So why Easter eggs? Well, they are a symbol of new life, rebirth and fertility and, even though Easter eggs have become a commercial commodity, filling shelves with all makes and designs, they retain the message of love and kindness, for it is quite surprising just how many children understand why we give and receive eggs at this time. If this message is understood, it will stay with us and help and guide us throughout life.

**Mynydd Seniors Club's** meeting last month was a most enjoyable afternoon. The meeting opened with The Lord's Prayer and then a discussion took place on future outings that members would like to take. The first outing will be on the 30th May with a visit to the Lyric Theatre, Carmarthen for a youth production of Beauty and the Beast. There then followed a delicious afternoon tea prepared by Gayna Bras, with a plentiful table of savouries, cakes and trifles. Sincere thanks to Gayna for a beautiful spread. The ladies then took to the catwalk to model their home made Easter bonnets, all very artistic but, the winner was Liz Smith with a fabulous creation earning her the prize of a Lindt Easter Egg. We then had some poetry readings and an Easter themed sing-along, All in all a happy Easter meeting.

The next meeting is on the 7<sup>th</sup> May at 2.00pm when we welcome Rev. Canon Bryan Witt as our speaker. All are welcome.

**Eisteddfod Gadeiriol Mynyddygarreg** will be held on Friday 9th May starting at 5.00pm. Guest President of the night is Mr Mansel Thomas, Tygwyn. who established the Eisteddfod in the village thirty-eight years ago. Please come along to support this wonderful evening of the highest calibre of talent. Croeso mawr i chi gyd i fwynhau noson o wledd lleol.

**Neuadd Mynyddygarreg's** recent Bingo evening was a successful fun filled evening with generous cash prizes. Thank you to all who supported. Likewise the Easter Egg Hunt around the grounds for the children was a great afternoon, whilst the adults enjoyed delicious cakes and tea in the Lounge. Many thanks to the Neuadd Committee for their generosity. Work is well underway with in-house re-siting of Mynyddygarreg Silver Band memorabilia which was gifted to the Neuadd many years ago. If you have



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anything you would like to donate, then please get in touch with me or any committee member.

The Neuadd's Annual General Meeting will be held on Monday 2nd June at 6.30pm. All are most welcome to attend.

**Ysgol Mynyddgarreg's** Afternoon Tea in the Neuadd was a huge success and very well supported, every table full with guests enjoying a sumptuous meal of varied delicacies prepared and served by members of the PTFA and staff.

Guests were then entertained with a concert from the schoolchildren, a thoroughly enjoyable treat. Headmaster Mr Rhydian Williams warmly thanked the children, staff and PTFA for their efforts and, to everyone for attending and showing support to this event and to all their endeavours. As a result, the sum of £ 969 was raised, a magnificent amount for a small school. Da iawn bawb, dalwch ymlaen a'r gwaith da.

Pupils of Years 4 and 5 also enjoyed a stay at Gwersyll yr Urdd Llangrannog camp, always an enjoyable and fun filled adventure, happy days ! In their ongoing gardening project, the Burns Foundation visited to aid with the planting of flowers and seeds, an exercise all the children take a great delight in.

**Blessings and greetings** go to one of our members, Mrs Linda Walters, Penrhiwlas, who was Baptized last month during service. It was very special witnessing this joyful occasion and we all at Sant Teilo warmly welcome Lnda to our midst.

Our very best wishes go to Neville Henry, Ymdrech Deg, following his hospital stay. Dymuniadau gorau i ti Nev.

And we remember in our prayers our faithful members and friends who are unwell, and we wish them better times. Meddwl amdana chi ffrindiau.

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## Newyddion Sant Maelog News

### Readers/Darllenwyr

May 4<sup>th</sup> Edwin Atkinson

May 11<sup>th</sup> Phyllis Hughes

May 18<sup>th</sup> Dyfrig Jones

May 25<sup>th</sup> Llinos ac Ela

June 1<sup>st</sup> Sarah

### Door/Agor Drws

Edwin Atkinson

Kath Williams

Shan Rees

Bridget Owen

Sarah Walters

### Flowers/Blodau

4-11th May - Mary Jones Cilfeithy

18-25th - May- Bethan Thomas

June 1-8th - Mary Jones Glanffrwd

**Cydymdeimlwn** yn ddwys â Rheinallt, Dyfrig Jones, a'r teulu am gollod eu modryb.

Also, deepest sympathy to the family of Marian Eckley who passed away suddenly last month.

**Good Luck** to those who are taking part in the Urdd Eisteddfod in Margam Port Talbot in May. Pob lwc i pawb.

**The Llandyfaelog show** had a good night with the Tip It. Thank you to everyone who supported and the winners were Janet, Phil and Elen. David Thomas would like to thank everyone for their cards and birthday wishes on his 80th birthday.

### What's on

May the 17<sup>th</sup> there will be a churchyard clean up followed by a BBQ given by Father Jim.

May 9<sup>th</sup> Eisteiddfod Mynydd Y Garreg starting at 5pm.

May 10<sup>th</sup> YFC Rali at the showground in Carmarthen. Good luck to the members of St Ishmaels YFC.

May 24<sup>th</sup> Mary and Edwin Atkinson have an open garden at Gellideg mansion raising funds for the Llandyfaeog show and the church.

# Jason Williams Removals

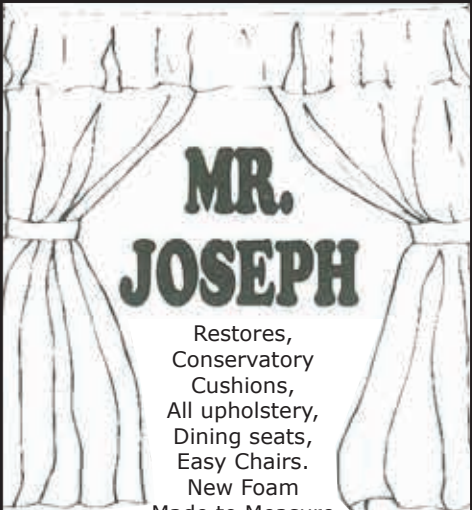
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**Llandyfaelog Community Council Best Garden competition returns this year** with prizes for:

Best Vegetable Garden

Best small garden

Best large garden

Container gardens

Judging for the vegetable garden is in June and the flower garden is in early August. Prize giving evening will take place in August and overall winner of the Dennis Davies Shield will be announced. If anybody would like to nominate a garden please contact the community council clerk Arfon Davies [llandyfaelog@btinternet.com](mailto:llandyfaelog@btinternet.com). There is also a new category this year which will be for the 'Best Miniature Garden' made from any medium to a maximum A3 size. The entrants should present their creations at the community awards evening in August. The entries will be judged on the evening and the winner presented with the Mair Stephens Shield.

### **Thy Kingdom Come celebrates 10 years**

Thy Kingdom Come (TKC), to be held this year 29th May to 8th June, is a global ecumenical prayer movement that invites Christians around the world to pray, from Ascension to Pentecost, for more people to come to know Jesus.

“This year we’re very excited to be celebrating the 10th year of Thy Kingdom Come!” says a spokesman.

Since it began in May 2016, TKC has grown from a dream from the Anglican archbishops into a movement which unites more than a million Christians in prayer.

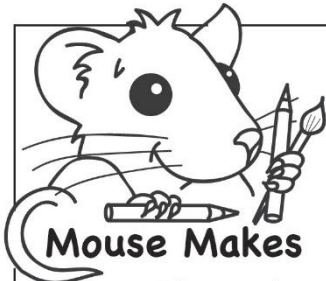
TKC is now held in nearly 90% of countries worldwide, across 85 different denominations and traditions. The aim everywhere is the same: that friends and family, neighbours and colleagues might come to faith in Jesus Christ.

“Specifically, we again invite each and every Christian across the globe to pray that God’s Spirit might work in the lives of five people who have not responded with their ‘Yes’ to God’s call.”

Whether you have joined in ‘Thy Kingdom Come’ before now or not, you are warmly invited to take part & join in for this 10<sup>th</sup> anniversary of worldwide prayer.

And for this 10<sup>th</sup> year, the focus will be on the Lord’s Prayer itself. As the TKC website explains:

“The ‘Our Father’ prayer transcends the ages – uniting people across different denominations, generations and nations and we believe now more than ever, we need to pray ‘Thy Kingdom Come’ – over our homes, communities, nations and our world.” More info at: <https://www.thykingdomcome.global>



### MIRACLES OF PETER

At which temple gate did the crippled man lay?

-----  
*Acts 3:1-10*



Who were the man and wife who lied to God?

-----  
and  
-----

*Acts 5:1-11*

People carried the sick into the streets so that when Peter came by at least his

-----  
might fall on them.

*Acts 5:12-16*



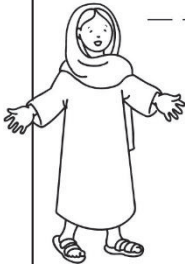
How long had Aeneas been paralysed for?

----- years

*Acts 9:32-35*

Where had Tabitha's body been laid in the

-----  
*Acts 9:36-42*

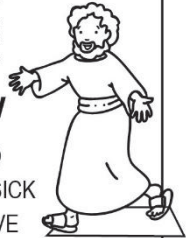


E	L	P	R	A	I	S	I	N	G	M	H
B	E	A	U	T	I	F	U	L	M	I	T
S	A	R	W	S	A	P	P	H	I	R	A
A	P	A	C	R	I	P	P	L	E	A	B
N	I	L	W	O	N	D	E	R	S	C	I
A	N	Y	P	W	D	I	R	A	I	L	T
N	G	S	R	A	E	R	L	C	E	H	
I	H	E	A	L	E	D	O	I	K	S	A
A	K	D	Y	K	N	F	O	V	I	L	L
S	Y	P	E	T	E	R	M	E	D	E	B
L	I	E	D	L	A	M	E	I	G	H	T
G	S	I	G	N	S	S	H	A	D	O	W

After Jesus ascended into heaven, the Holy Spirit came upon the Apostles and Peter was able to perform many miracles in Jesus' name.  
**See the book of ACTS**

"And the word of God continued to increase, and the number of the disciples multiplied greatly."  
**Acts 6:7**

- PETER • SIGNS • WONDERS • MIRACLES • HEALED
- CRIPPLE • LAME • WALK • LEAPING • PRAISING • LIED • DIED • SICK
- ANEAS • PARALISED • TABITHA • ILL • PRAYED • ALIVE



Find the words from the questions too!

## Parish Readings for May 2025

Red Lectionary pages in []

**Sunday 4<sup>th</sup> May**      **3<sup>rd</sup> Sunday of Easter**    Liturgical Colour: White  
**Eucharist:** Zephaniah 3.14-20; [p1192] Psalm 30; Acts 9.1-6,[7-20]; John 21.1-19 [p864]  
**Evening Prayer:** Psalm 86; Isaiah 38.9-20; John 11.[17-26,]27-44  
Reader: Ted Rowlands

**Sunday 11<sup>th</sup> May**      **4<sup>th</sup> Sunday of Easter**    Liturgical Colour: White  
**Eucharist:** Genesis 7.1-5,11-18;[p1192] Psalm 23; Acts 9.36-43; John 10.22-30 [p869]  
**Evening Prayer:** Psalm 113;114; Isaiah 63.7-14; Luke 24.36-49 Reader: Jenny Jones

**Sunday 18<sup>th</sup> May**      **5<sup>th</sup> Sunday of Easter** Liturgical Colour: White  
**Eucharist:** Baruch 3.9-15,32-4.4; or Genesis 22.1-18;[p1196] Psalm 148 or 148.1-6; Acts 11.1-18; John 13.31.35 [p872]  
**Evening Prayer:** Psalm 98; Daniel 6. [1-5,]6-23; Mark 15.46-16.8 Reader: Kath Nicholas

**Sunday 25<sup>th</sup> May**      **6<sup>th</sup> Sunday of Easter/Rogation Sunday**  
Liturgical Colour: White  
**Eucharist:** Ezekiel 37.1-14; [p1199] Psalm 67; Acts 16.9-15; John 144.23-29 or John 5.1-9 [p876]  
**Evening Prayer:** Psalm 126;127; Zephaniah 3.14-20; Matthew28.1-10,16-20  
Reader: Brenda Evans

**Sunday 1<sup>st</sup> June**      **7<sup>th</sup> Sunday of Easter/ Sunday after Ascension Day**  
Liturgical Colour: White  
**Eucharist:** Ezekiel 36.24-28; [p1201] Psalm 97; Acts 16.16-34; John 17.20-26 [p880]  
**Evening Prayer:** Psalm 68 or 86.1-14,19,20; Isaiah 44.1-8; Ephesians 4.7-16  
Reader: Ted Rowlands

## Happy 1700<sup>th</sup> birthday, Nicene Creed!

This month, 1700 years ago, one of the most important meetings in the history of the Christian Church began in the Bithynian city of Nicaea. It began in May 325 and went on until the end of July 325.

The Council of Nicaea was convened by the Roman Emperor Constantine, and he had an urgent job for the Christian bishops to do. He wanted them to spell out as exactly as they could the core beliefs of the Christian Church, especially with regard to the person of Christ.

Constantine had good reason to do this: a man called Arius of Alexandria was spreading the idea that Jesus Christ was not divine but instead was a created being. Such a belief, if accepted, would have changed the very heart of Christianity.

After three months of hard work, the bishops at Nicaea had prayerfully and carefully written down as exactly as they could the core beliefs of Christianity. It became known as the Nicene Creed, and it has been the bedrock of orthodox Christianity ever since.

The Nicene Creed is unique in that it is the only Christian statement of faith that is accepted as authoritative by the Anglican, Roman Catholic, Eastern Orthodox, and major Protestant Churches.

## Sudoku solution April

9	6	4	1	5	7	2	3	8
3	7	1	2	8	6	4	5	9
2	8	5	3	9	4	1	7	6
1	5	8	4	6	2	3	9	7
4	9	3	8	7	1	5	6	2
6	2	7	5	3	9	8	1	4
8	3	6	9	2	5	7	4	1
5	1	9	7	4	8	6	2	3
7	4	2	6	1	3	9	8	5

## Some Useful Phone Numbers

### Churches & Chapels

Capel y Morfa: Mr. Gwynnaf Jones  
01554 753868

Our Lady and St. Cadog:-  
01554 832520

Trinity Methodist: Mr. Peter Burt  
01554 890 605

### Health

Kidwelly Health Visitor 01554 890560

Minafon Surgery 01554 890234

Chemist 01554 890279

West Wales General Hospital,  
Carmarthen 01267 235151

Prince Philip Hospital, Llanelli  
01554 756567

### Local Authority

Kidwelly Town Council 01554 890203

Llandyfaelog Community Council  
01267 267647

Carmarthenshire County Council  
01267 234567

### Halls

Princess Gwenllian Centre, Kidwelly  
01554 891801

Llandyfaelog Welfare Hall  
Arfon Davies

[llandyfaelog@btinternet.com](mailto:llandyfaelog@btinternet.com)

Mynydd-y-Garreg Welfare Hall:  
Andrea Gower 01554 890670

### Schools

Ysgol-y-Castell 01554 890762

Ysgol Gwenllian 01554 890523

Ysgol Mynydd-y-Garreg 01554 810670

Glan-y-Mor Comprehensive School,  
Burry Port 01554 832507

### Youth

1st Kidwelly Brownies, Guides, Rangers

Josie Wells 07876340377

Jennie Collins 07534212314

1<sup>st</sup> Kidwelly Scouts - Shan Cheesman  
01267 267620 or 07790117904

Youth Council – Jeanette Gilasbey  
01554 892729

### Senior Citizens

Llandyfaelog Senior Citizen Association

Mrs. Maureen Howells 0127 223768

Mynydd-y-Garreg Senior Citizens Jean  
Fox 01554 891344

Kidwelly Senior Citizens Association:

Mrs. Bobbie Hope, 01554 890520

Kidwelly Welfare Committee: Mrs.  
Helene Cresser 01554 890550

### Other Organisations

Country Cars: Mrs. E. Nicholson  
01554 890188

Kidwelly Local History Society: Mr.  
Malcolm MacDonald 891090

Police: 0845 3302000

Mothers' Union: Brenda Evans  
07796430991

Royal British Legion: Trevor Eliot  
07807710699

Ty Golau: Janet Lewis 01554 890896

WI President: Nannette Jones 01554  
890206

## St. Mary's Kidwelly

**4<sup>th</sup> May**            **Easter 3**  
 9.30am            Choral Eucharist  
 6.00pm            Evening Prayer

**11<sup>th</sup> May**           **Easter 4**  
 9.30am            Choral Eucharist  
 11.00am          Cymun Bendigaïd  
 6.00pm            Evening Prayer

**Wednesday 14<sup>th</sup> May**  
 12.30 for 1.00pm      MU Lunch in  
    the Red Lion

**18<sup>th</sup> May**           **Easter 5**  
 9.30am            Choral Eucharist  
 6.00pm            Evening Prayer

**25<sup>th</sup> May**           **Easter 6**  
 9.30am            Family Eucharist  
 6.00pm            Evening Prayer

**June 1<sup>st</sup>**            **Easter 7/Sunday after  
 Ascension Day**  
 9.30am            Choral Eucharist  
 6.00pm            Evening Prayer

Wednesdays at 9.30am in the  
 Lady Chapel  
 Holy Eucharist with prayers for healing

## Services

### May 2025

#### St Maelog's, Llandyfaelog

**4<sup>th</sup> May**            **Easter 3**  
 11.15am          Bilingual Morning  
                                  Prayer

**11<sup>th</sup> May**          **Easter 4**  
 11.15am          Bilingual Eucharist

**18<sup>th</sup> May**          **Easter 5**  
 11.15am          Bilingual Eucharist

**25<sup>th</sup> May**          **Easter 6**  
 11.15am          Bilingual Family  
                                  Eucharist

**1<sup>st</sup> June**           **Easter 7/ Sunday  
 after Ascension  
 Day**  
 11.15am          Bilingual Mattins

#### St Teilo's, Mynyddygarreg

**4<sup>th</sup> May**            **Easter 3**  
 11.15am          Bilingual Eucharist

**18<sup>th</sup> May**          **Easter 5**  
 11.15am          Bilingual Eucharist

**1<sup>st</sup> June**           **Easter 7/Sunday  
 after Ascension  
 Day**  
 11.5am            Bilingual Eucharist